THE OCTORE LUCIO Monit SAVAMARI FOR INCLUDE SAVAM			Calendar of Activities - October 2	0024	
THE COORDINATION OF THE PROPERTY OF THE PROPER		Tuesday - October 1			Friday - October 4
10.00 - 10.00 Per language Create		6:00-6:45a Fast Fitness	6:00-6:45a Fast Fitness	6:00-6:45a Fast Fitness	9:00-10:00a Gentle Stretch Exercise
## 200-1000 Box Club Process of Common of App 200-1000 Box Club Proc					
20.01 10.03 Marker Witters Classe 10.01	IS AVAILABLE FOR FICK OF			8:00-8:45a Walking Workout	10:15-11:15a Traditional Exercise
100-11-100-Brown Freedom Fre	AT THE PRONT COUNTER.	9:00-10:00a Blood Pressure Check	9:00-11:00a Zumba Gold 9:00-11:00a Drop-in Ping Pong (on patio)	9:30-11:30a Memoir Writing Class	10:30-11:45a DeLeon Music
2-33-3-30 Prices 2-33-3-30 Prices 2-33-3-30 Prices 2-33-3-4-50 Beginning (Grante 2-33-3-50 Beginning (Grante 2-33-3-			9:00a-12:00n Drop-In Crafters		12:00n-1:00p& 1:00-2:00p Circuit/Equip Training
2-33-3-30 Prices 2-33-3-30 Prices 2-33-3-30 Prices 2-33-3-4-50 Beginning (Grante 2-33-3-50 Beginning (Grante 2-33-3-		9:00a-12:00n Drop-in Ping Pong 10:00-11:00a Peer Support	10:00-11:00a Grief Support 10:15-11:15a Traditional Exercise	11:30a-12:30p Aerobic Kickboxing	12:00n-4:00p Bridge 12:30-4:00p Interm /Advanced Hand&Foot
2.03-0.30 Paras 2.03-0.20	unch -	10:00-11:00a Medicare 101	10:30-11:45a Top Dollar Music	12:30-4:00p Mexican Train	1:30-3:00p Beg. Western Line Dance
2.03-0.30 Paras 2.03-0.20	- Idilott		12:00-4:00p Bridge	1:00-3:00p Beg. Western Line Dance	3:00-5:00p Pre-Beginning Line Dance
2.03-0.30 Paras 2.03-0.20	lime	12:30-4:00p Interm./Advanced Hand&Foot	1:00-4:30p Beginning Hand & Foot	1:30-2:30p Traditional Exercise	7:00-7:30p Western Dance Lesson
2-33-3-30 Prices 2-33-3-30 Prices 2-33-3-30 Prices 2-33-3-4-50 Beginning (Grante 2-33-3-50 Beginning (Grante 2-33-3-	A lane	1:00-3:00p Beg. Western Line Dance	4:00-5:00p Tai Chi Beyond Basics	2:30-3:30p Yoga	7:30-10:00p Western Dance
2-20-3-20 Year 1-20	BON APPETIT	1:30-2:30p Traditional Exercise	5:00-8:00p Karaoke Night		
Monday - Cotober 1				6:00-7:00p Senior Tabata	
Monday Cobbset 7		3:30-4:30p Beginning Karate			
\$00-9-45a Fast Firriess			Wodnesday - October 9	Thursday - October 10	Friday - October 11
8.00 - 10 / 10 / 10 / 10 / 10 / 10 / 10 /					
9.00-1-0.00s Book Cube 9.00-1-2.00s Book Cube 1.00-1-2.00s Book Cube	8:30-9:30a Tai Chi Beginning Basics	7:00-8:00a Zumba Chair	8:00-10:00a Drop-in Art	7:00-8:00a Zumba Chair	
9-10.006 (1-01.000 Dance Aerobics (RecCir) 00-11.008 Braine American Coming of Aga 2000-12.001 Despired Prop Prop Prop Prop Prop Prop 2000-12.001 Despired Prop Prop Prop Prop Prop Prop Prop Prop Prop Prop Prop Prop Prop Prop Prop Prop Prop	9:00-10:00a Gentle Stretch Exercise	8:30-11:30a Pinochle	9:00-10:00a Gentle Stretch Exercise	8:00-8:45a Walking Workout	10:15-11:15a Traditional Exercise
9,008 12,006 Horse Property 10,006 12,006 1	9-10:00& 10-11:00a Dance Aerobics (RecCtr)	9:00-11:00a Native American Coming of Age	9:00-11:00a Zumba Gold 9:00-11:00a Drop-in Ping Pong (on patio)	9:30-11:30a Memoir Writing Class	10:30-11:45a DeLeon Music
10.05-11/36 Traditional Exercise 10.05-11/	9:00a-12:00n Mexican Train	9:00a-12:00n Drop-in Ping Pong	9:00a-12:00n Drop-In Crafters		12:00n-1:00p& 1:00-2:00p Circuit/Equip Training
10.1541-21.56 Krittina / Chorchet Group 10.054-12.00 American Mahi-cong 10.054-12.00 American Mahi-cong 10.054-12.00 American Mahi-cong 12.054-00.00 End Waster Line Dance 1.054-12.00 American Mahi-cong 1.054-10.00 End Waster Line Dance 1.054-10.00 No.00 End Waster L		10:00-11:00a Peer Support 10:00-11:00a Bingo	10:00-11:00a Grief Support	10:00-11:00a Support Group for Dementia	12:00n-4:00p Bridge 12:30-4:00p Interm /Advanced Hand&Foot
11.00a-100b Burco 12.00a-100b Burco 12.0	10:15a-12:15p Knitting / Crochet Group	10:00a-12:00n American Mah-jongg	10:30-11:45a Top Dollar Music	12:00n-1:00p Circuit/Equipment Training	1:30-3:00p Beg. Western Line Dance
1230-500 Sta Sew 100-300 Beg Western Line Dance 1302-230 Traditional Exercise 1302-230 Traditional Exercise 1302-230 Traditional Exercise 1302-230 Traditional Exercise 1508-300 Rarvale Night 200-500 Palegraphinal Line Dance 2308-300 Palegraphin	11:00a-1:00p Bunco	11:05a-1:15p Make & Take 1	11:30a-12:30p Balance with Don	12:30-4:00p Mexican Train	3:00-5:00p Pre-Beginning Line Dance
1:00-3:00 2500 Card Game 1:00-3:00 Beginning Hand & Foot 1:00-3:00 Magnal Inks 1:00-3:00 Feb Beginning Line Dance 2:00-4:00 Pre-Beginning Line Dance 3:00-5:00 Pre-Beginning Line Dance 3:00-5:00 Pre-Beginning Line Dance 3:00-5:00 Feb Beginning Karate 5:00-7:00 Pre-Beginning Line Dance 3:00-5:00 Feb Beginning Karate 5:00-7:00 Pre-Beginning Line Dance 3:00-5:00 Seal Praise Printing 3:00-5:00 Seal Praise		1:00-3:00p Beg. Western Line Dance		1:30-2:30p Traditional Exercise	
2:00-3:00 Navigating Grief 3:00-5:00 Per Septiminal Land Dance 3:0	1:00-3:00p 2500 Card Game	1:30-2:30p Traditional Exercise	1:00-4:30p Beginning Hand & Foot	1:30-2:30p Mixed Media Art	7:30-10:00p Western Dance
3.09-4.500 Pre-Beginning Line Dance 3.09-4.500 Peach Decorating 5.00-6.500 Peach Decorating 5.00-6.500 Peach Decorating 5.00-6.500 Peach Decorating 5.00-7.000 Peach Decoratin	1:30-3:00p Beg. Western Line Dance	2:00-4:00p Magical Inks	4:00-5:00p Tai Chi Beyond Basics	2:30-3:30p Yoga	
\$155-14-156 Meditarion \$0.07-700 Parior Tabala \$0.07-7	3:00-5:00p Pre-Beginning Line Dance	3:30-4:30p Beginning Karate		3:15-5:15p Drop-in Ping Pong	
Monday-October 14	3:15-4:15p Meditation	5:00-7:00p Posh Decorating	6:00-7:00p Medicare 101	6:00-7:00p Senior Tabata	
\$00-06-45a Fast Fitness			Wednesday - October 16	Thursday - October 17	Friday - October 18
9:00-10:00a Gends Club (8-30-11:30a Prinochle (8-200-10:00a Book Club (9-00-10:00a Book Club (9-00-10:00a Lymba God Sub (9-00-10:	8:00-8:45a Walking Workout (at Rec. Center)	6:00-6:45a Fast Fitness	6:00-6:45a Fast Fitness	6:00-6:45a Fast Fitness	9:00-10:00a Gentle Stretch Exercise
9.00-10:00a Book Club 9.00-10:00a Good Support 10.00a-100b Book Club 10.00a-100b Book Cl	8:30-9:30a Tai Chi Beginning Basics	7:00-8:00a Zumba Chair	8:00-10:00a Drop-in Art	7:00-8:00a Zumba Chair	9:00-10:00a Zumba Gold
9-10-008 (1-11:00a Dance Aerobics (RecCtr) 9:00-11:00a Native American Coming of Age 9:00a-12:00h Drop-in Ping Pong (on patio) 9:00a-12:00h Drop-in Ping Pong (on patio) 10:00a Bingo 10:05a-11:05a Bingo 10:00a-12:00h Prop-in Ping Pong (on patio) 10:5a-11:5b Make & Take 1 10:00a-12:00h American Mah-iongg 10:5a-12:15p Kinting / Crochet Group 10:5a-12:15p Make & Take 1 10:00a-12:00h American Mah-iongg 10:5a-12:15p Kinting / Crochet Group 10:5a-12:15p Make & Take 1 10:00a-12:00h American Mah-iongg 10:5a-12:15p Make & Take 1 10:00a-12:00h American Mah-iongg 10:5a-12:15p Make & Take 1 10:00a-12:00h American Mah-iongg 10:3a-12:15p Make & Take 1 10:00a-12:00h American Mah-iongg 10:3a-12:0a-10:0a-12:0a-12:0a-10:0a-12:0a-12:0a-10:0a-12:0a-					
10:00-11:00 a Grief Support 10:0					
10.15-11:158 Traditional Exercise 10.00a-12:00n American Mah-jong 10:15-11:158 Traditional Exercise 11:30a-12:30p Aerobic Kickboxing 12:30a-12:00p Intermi.Advanced Hand&Foot 12:30a-12:00p Balance with Don	9:00a-12:00n Mexican Train	10:00-11:00a Peer Support	9:00a-12:00n Drop-In Crafters	9:30-11:30a Memoir Writing Class	12:00n-1:00p& 1:00-2:00p Circuit/Equip Training
10:15a-12:15p Knitting / Crochet Group 1:05a-11:15p Make & Take 1 1:05a-11:05p Burnco 1:05a-11:15p Make & Take 1 1:05a-10:05p Burnco 1:05a-10:					
12:00-1:008 Fino Circle 1:00-3:00p Finded	10:15a-12:15p Knitting / Crochet Group	11:05a-1:15p Make & Take 1	10:30-11:45a Top Dollar Music	12:00n-1:00p Circuit/Equipment Training	1:00-3:00p Decorative Cards
12:30-5:00p Sewing 1:30-2:30p Traditional Exercise 2:00-5:00p Per-Beginning Line Dance 2:00-5:00p Pe	11:00a-1:00p Bunco	12:30-4:00p Interm./Advanced Hand&Foot		12:30-4:00p Mexican Train	1:30-3:00p Beg. Western Line Dance
1:00-4:00p Magical links 2:00-4:00p Magical	12:30-5:00p Sewing	1:30-2:30p Beg. Western Line Dance	1:00-3:00p Bridge	1:30-2:30p Traditional Exercise	3:00-5:00p Prail Full Actylic Painting
2:00-3:00p Navigating Grief 3:30-4:30p Beginning Karate 5:00-8:00p Karaoke Night 3:00-6:00p Make & Take 2 7:30-10:00p Western Dance 5:00-7:00p Posh Decorating 5:30-6:30p Spanish 2 5:00-8:00p Make & Take 2 7:30-10:00p Western Dance 7:30-10:00p Western Dance 7:30-10:00p Western Dance 7:30-10:00p Mestern Dance 7:3	1:00-3:00p 2500 Card Game	2:00-4:00p Magical Inks	1:00-4:30p Beginning Hand & Foot	1:30-2:30p Mixed Media Art	5:00-7:00p Beg.Couples Western Dance
3:00-5:00p Pre-Beginning Line Dance 5:00-7:00p Posh Decorating 5:00-8:00p Senior Tabata 5:00-8:00p Senior Tabata 5:00-8:00p Vocal Lessons 5:00-8	1:30-3:00p Beg. Western Line Dance 2:00-3:00p Navigating Grief	2:30-3:30p Yoga 3:30-4:30p Reginning Karate	5:00-8:00p Tai Chi Beyond Basics	2:30-3:30p Yoga 3:00-6:00p Make & Take 2	7:30-10:00n Western Dance
3:30-5:00p Celli Plate Printing	3:00-5:00p Pre-Beginning Line Dance	5:00-7:00p Posh Decorating	5:30-6:30p Spanish 2	3:15-5:15p Drop-in Ping Pong	Tide teleop Western Burise
Monday - October 24	3:15-4:15p Meditation			6:00-7:00p Senior Tabata	
8:30-9:30a Tai Chi Deginning Basics 9:00-10:00a Rewsletter Folding 9:00-10:00a Combined 0:00-10:00a Combi		Tuesday - October 22	Wednesday - October 23	Thursday - October 24	Friday - October 25
9:00-10:00a Gentle Stretch Exercise 3:00-11:00a Dance Aerobics (RecCtr) 9:00-10:00a Book Club 9:00-11:00a Dance Aerobics (RecCtr) 9:00-11:00a Dance Aerobics 9					
9:00-10:00a Book Club 9:00-11:00a Book Club 9:00					
9-10-008 10-11:00a Dance Aerobics (RecCtr) 9:00-11:00a Native American Coming of Age 9:00a-12:00n Mexican Train 10:00a-12:00n Mexican Train 10:00a-12:00n Beg./Intermediate Watercolor 10:00a-12:00n American Mah-ionq 10:00a-12:00n Drop-In Pinq Ponq 10:00a-12:00n Drop-In Pinq Ponq 10:00a-12:00n Drop-In Pinq Ponq 10:00a-12:00n Drop-In Pinq Ponq 10:00a-12:00n American Mah-ionq 10:00a-12:00n Advanced Watercolor 11:30a-12:30p Advanced Watercolor 11:30a-12:30p Aerobic Kickboxinq 12:30a-4:00p Interm./Advanced Hand&Foot 12:00a-4:00p Bridge 10:30a-1:10p Bridge 12:00a-4:00p Mexican Train 12:00a-1:00p Bridge 10:30a-1:10p Bridge 12:00a-4:00p Bridge 10:30a-1:30p Bridge 12:30a-4:00p Interm./Advanced Hand&Foot 12:30a-4:00p Mexican Train 12:30a-4:00p Interm./Advanced Hand&Foot 12:30a-4:00p Mexican Train 12:30a-4:00p Interm./Advanced Hand&Foot 12:30a-4:00p Mexican Train					
9:00a-12:00n Mexican Train 10:00-11:00a Peer Support 10:00-11:00a Grief Support 10:00a-12:00n Bog /Intermediate Watercolor 10:00a-12:00n Prop in Ping Pong 10:00a-12:00n American Mah-iongg 10:00a-12:00n Prop in Ping Pong 10:00a-12:00n Prop in Ping Pong 11:05a-11:15a Traditional Exercise 11:30a-12:30p Aerobic Kickboxing 11:00a-100p Bidge 12:00n-1:00b Bidge 12:00n-1:00b Circuit/Equip ment Training 12:00a-1:00b Eeg. Western Line Dance 12:00a-1:00b Eeg. Wes	9-10:00& 10-11:00a Dance Aerobics (RecCtr)	9:00-11:00a Native American Coming of Age	9:00-11:00a Drop-in Ping Pong (on patio)	9:30-11:30a Memoir Writing Class	10:30-11:45a DeLeon Music
10:00a-12:00n Dröp-in Ping Pong 10:00a-12:00n American Mah-ionag 10:15-11:15a Traditional Exercise 10:30-1:15a Traditional Exercise 10:30-1:15b Traditional Exercise 10:30-1:15b Traditional Exercise 10:30-1:15b Traditional Exercise 10:30-1:15b Traditional Exercise 10:30-1:10b Make & Take 1 12:30-4:00p Interm./Advanced Hand&Foot 12:30-4:00p Interm./Advanced Hand&Foot 12:30-4:00p Interm./Advanced Hand&Foot 12:30-4:00p Beginning Drawing 100-3:00p Beginning D	9:00a-12:00n Mexican Train	10:00-11:00a Peer Support	9:00a-12:00n Drop-In Crafters	10:00-11:00a Dance Aerobics	12:00n-1:00p& 1:00-2:00p Circuit/Equip Training
10.15-11:15a Traditional Exercise 11:05a-11:05a Traditional Exercise 11:05a-11:0b Make & Take 1 12:30-4:00p Interm /Advanced Hand&Foot 12:00-1:00& 1:00-2:00p Circuit/Equip Training 1:00-3:00p Beginning Drawing 1:00-3:00p Beginning Drawing 1:00-3:00p Beginning Exercise 1:00-3:00p Beginning Exercise 1:00-3:00p Beginning Hand & Foot 1:30-2:30p Traditional Exercise 1:00-3:00p Beginning Hand & Foot 1:30-2:30p Traditional Exercise 1:00-3:00p Beginning Hand & Foot 1:30-2:30p Traditional Exercise 1:00-3:00p Pre-Beginning Line Dance 1:30-3:00p Beginning Hand & Foot 1:30-2:30p Make & Take 2 2:00-3:00p Pre-Beginning Line Dance 1:30-3:00p Beginning Line Dance 1:30-3:00p Pre-Beginning Line Dance 1:30-3:00p Pre-Beginning Line Dance 1:30-3:00p Pre-Beginning Line Dance 1:30-3:00p Beginning Line Dance 1:30-3:00p Pre-Beginning Line Danc	10:00a-12:00n Beg./Intermediate Watercolor				12:00n-4:00p Bridge 12:30-4:00p Interm /Advanced Hand&Foot
11:00a-1:00p Bunco 12:30-4:00p Interm/Advanced Hand&Foot 12:30-4:00p Mexican Train 12:00-1:00p Bridge 1:00-3:00p Beg, Western Line Dance 1:00-3:00p Beg Mexican Train 1:00-3	10:15-11:15a Traditional Exercise	11:05a-1:15p Make & Take 1	10:30-11:45a Top Dollar Music	12:00n-1:00p Circuit/Equipment Training	1:00-3:00p Decorative Cards
1:00-3:00p Beginning Drawing 1:30-2:30p Traditional Exercise 1:00-3:00p Frugal Living 1:30-2:30p Traditional Exercise 1:00-4:30p Beginning Hand & Foot 1:30-2:30p Medical Art 5:00-7:00p Beg Couples Western Dance 2:30-3:30p Yoga 4:00-5:00p Traditional Exercise 1:00-4:30p Beginning Hand & Foot 1:30-2:30p Mixed Media Art 5:00-7:00p Beg Couples Western Dance 2:30-3:30p Yoga 4:00-5:00p Traditional Exercise 2:30-3:30p Yoga 2:30-3:30p Yoga 3:00-5:00p Pre-Beginning Line Dance 4:00-5:00p P	11:00a-1:00p Bunco	12:30-4:00p Interm./Advanced Hand&Foot	11:30a-12:30p Balance with Don	12:30-4:00p Mexican Train	1:30-3:00p Beg. Western Line Dance
1:00-3:00p 2500 Car'd Game 2:00-4:00p Magical Inks 1:00-4:30p Beginning Hand & Foot 1:30-3:00p Beg. (Western Line Dance 2:30-3:30p Young 3:30-3:30p Peginning Line Dance 5:00-7:00p Pen Beginning Line Dance 5:00-7:00p Pen Decorating 5:00-8:00p Karaoke Night 3:30-6:00p Make & Take 2 3:15-5:15p Drop-in Ping Pong 6:00-7:00p Penior Tabata 5:00-7:00p Penior Tabata 6:00-7:00p Senior Tabata 5:00-8:00p Vocal Lessons Monday-October 28 Medicare 101 5:00-8:00p Vocal Lessons Monday-October 28 Thursday-October 31 7:00-8:00a Zumba Gold	1:00-3:00p Beginning Drawing	1:30-2:30p Traditional Exercise	1:00-3:00p Frugal Living	1:30-2:30p Traditional Exercise	3:00-5:00p Pre-Beginning Line Dance
2:00-3:00p Navigating Grief 3:30-4:30p Beginning Karate 5:00-8:00p Karaoke Night 3:00-6:00p Make & Take 2 7:30-10:00p Western Dance 3:00-5:00p Pre-Beginning Line Dance 5:00-7:00p Posh Decorating 5:00-8:00p Medicare 101 6:00-7:00p Posh Decorating 6:00-7:00p Posh Decorating 6:00-7:00p Senior Tabata 6:00-7:00p Medicare 101 6:00-7:00p Senior Tabata 6:00-7:00p Senior Tabata 6:00-7:00p Medicare 101 6:00-7:00p Senior Tabata 6:00-8:00p Medicare 101 6:00-8:00p Medicare 101 6:00-8:00p Medicare 101 6:00-8:45a Fast Filness 6:00-6:45a Fast Filness 6:00-6:45a Fast Filness 7:00-8:00a Zumba Gold Tail Child Beginning Basics 7:00-8:00a Zumba Gold Senior Sen	1:00-3:00p 2500 Card Game	2:00-4:00p Magical Inks	1:00-4:30p Beginning Hand & Foot	1:30-2:30p Mixed Media Art	5:00-7:00p Beg.Couples Western Dance
3:05-5:00p Pre-Beginning Line Dance 5:00-7:00p Posh Decorating 5:30-6:30p Spanish 2 3:15-4:15p Drop-in Ping Pong 6:00-7:00p Senior Tabata 5:00-7:00p Medicare 101 6:00-7:00p Senior Tabata 5:00-8:00p Vocal Lessons Tuesday - October 29 Tuesday - October 29 Tuesday - October 31 7:00-8:00a Zumba Chair 8:00-8:45a Fast Fitness 6:00-6:45a Fast Fitness 6:00-6:45a Fast Fitness 6:00-6:45a Fast Fitness 6:00-6:45a Fast Fitness 7:00-8:00a Zumba Chair 8:30-11:30a Pinochle 9:00-10:00a Book Club 9:00-10:00a Book Club 9:00-10:00a Book Club 9:00-10:00a Drop-in Ping Pong (on patio) 9:00-11:00a Drop-in Ping Pong (on Patio) 9:00-11:00	1:30-3:00p Beg. Western Line Dance 2:00-3:00p Navigating Grief	2:30-3:30p Yoga 3:30-4:30p Beginning Karate	14:00-5:00p Tai Chi Beyond Basics 15:00-8:00p Karaoke Night	2:30-3:30p Yoga 3:00-6:00p Make & Take 2	7:00-7:30p Western Dance Lesson 7:30-10:00p Western Dance
3:30-5:00p Gelli Plate Printing 5:00-8:00p Vocal Lessons Tuesday - October 29 Wednesday - October 30 Thursday - October 31	3:00-5:00p Pre-Beginning Line Dance	5:00-7:00p Posh Decorating	5:30-6:30p Spanish 2	3:15-5:15p Drop-in Ping Pong	
Monday - October 28 Tuesday - October 30 Thursday - October 31	3:15-4:15p Meditation 3:30-5:00p Gelli Plate Printing		6:00-7:00p Medicare 101	6:00-7:00p Senior Tabata	
8:00-8:45a Walking Workout (at Rec. Center) 6:00-6:45a Fast Fitness 6:00-6:45a Fast Fitness 6:00-6:45a Fast Fitness 7:00-8:00a Zumba Chair 9:00-10:00a Gentle Stretch Exercise 8:30-11:30a Pinochle 9:00-10:00a Book Club 9:00-10:00a Dance Aerobics (RecCtr) 9:00-11:00a Native American Creation Stories 9:00-11:00a Peer Support	Monday - October 28	Tuesday - October 29	Wednesday - October 30	Thursday - October 31	
9:00-10:00a Gentle Stretch Exercise 8:30-11:30a Pinochle 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Book Club 9:00-10:00a Book Club 9:00-10:00a Dance Aerobics (RecCtr) 9:00-11:00a Native American Creation Stories 9:00a-12:00h Mexican Train 9:00a-12:00h Mexican Train 9:00a-12:00h Dance Aerobics (RecCtr) 9:00a-12:00h Dance Aerobics 9:00a	8:00-8:45a Walking Workout (at Rec. Center)	6:00-6:45a Fast Fitness	6:00-6:45a Fast Fitness	6:00-6:45a Fast Fitness	
9:00-10:00a Book Club 9:00-10:00a Book Club 9:00-10:00a Zumba Gold 9:00-10:00a Dance Aerobics 9:00-10:00a Dance Aerobics 9:00-11:00a Dance Aerobics	9:00-10:00a Gentle Stretch Exercise	8:30-11:30a Pinochle	9:00-10:00a Drop-III Art	8:00-8:45a Walking Workout	
9:00a-12:00n Mexican Train 10:00-11:00a Peer Support 9:00a-12:00n Drop-In Crafters 10:00-11:00a Dance Aerobics	9:00-10:00a Book Club	9:00-10:00a Book Club	9:00-10:00a Zumba Gold	9:00-10:00a Dance Aerobics	KA
10:00a-12:000 Beg./Intermediate Watercolor 10:00-11:00a Bingo 10:00-11:00a Grief Support 10:00a-12:00a Advanced Watercolor	9-10:00& 10-11:00a Dance Aerobics (RecCtr)	9:00-11:00a Native American Creation Stories 10:00-11:00a Peer Support	9:00-11:00a Drop-In Ping Pong (on patio)	19:30-11:30a Memoir Writing Class 10:00-11:00a Dance Aerobics	
	10:00a-12:00n Beg./Intermediate Watercolor	10:00-11:00a Bingo	10:00-11:00a Grief Support	10:00a-1:00p Advanced Watercolor	
10:00a-12:00n Drop-in Ping Pong 10:00-11:00a Medicare 101 10:15-11:15a Traditional Exercise 11:30a-12:30p Aerobic Kickboxing	10:00a-12:00n Drop-in Ping Pong	10:00-11:00a Medicare 101	10:15-11:15a Traditional Exercise	11:30a-12:30p Aerobic Kickboxing	
10:15-11:15a Traditional Exercise 10:00a-12:00n American Mah-jongg 11:05a-1:15p Make & Take 1 10:30-11:30a Halloween Costume Contest 10:30-11:45a Top Dollar Music 12:30-4:00p Mexican Train 12:30-4:00p	10:15-11:15a Traditional Exercise 11:00a-1:00p Bunco	10:00a-12:00n American Mah-jongg 11:05a-1:15p Make & Take 1	10:30-11:30a Halloween Costume Contest	12:30-4:00p Mexican Train	
12:00-1:00& 1:00-2:00p Circuit/Equip Training 12:30-4:00p Interm./Advanced Hand&Foot 11:30a-12:30p Balance with Don 1:00-3:00p Beg. Western Line Dance 11:00-3:00p Beg. Western	12:00-1:00& 1:00-2:00p Circuit/Equip Training	12:30-4:00p Interm./Advanced Hand&Foot	11:30a-12:30p Balance with Don	1:00-3:00p Beg. Western Line Dance	
12:30-5:00p Sewing 1:00-3:00p Beg. Western Line Dance 1:00-4:00p Bridge 1:30-2:30p Traditional Exercise 1:30-2:30p Mixed Media Art 1:30-2:30p Mixed Media Art	12:30-5:00p Sewing		12:00-4:00p Bridge	1:30-2:30p Traditional Exercise	
1.30-3.00p Beg, Western Line Dance 2:30-3:30p Yoga 1:00-4:30p Beg, Instead & France 1:30-3:00p Beg, Western Line Dance 1:30-3:00p Beg, Western Line Dance 1:30-3:30p Yoga 1:00-4:30p Beg, Western Line Dance 1:30-3:30p Yoga	1:30-3:00p Beg. Western Line Dance	2:30-3:30p Yoga	1:00-4:30p Beginning Hand & Foot	2:30-3:30p Yoga	
2:00-3:00p Navigating Grief 3:30-4:30p Beginning Karate 4:00-5:00p Tai Chi Beyond Basics 3:00-6:00p Make & Take 2	2:00-3:00p Navigating Grief	3:30-4:30p Beginning Karate	4:00-5:00p Tai Chi Beyond Basics	3:00-6:00p Make & Take 2	
3:15-4:15p Meditation 6:00-7:00p Senior Tabata 5:30-6:30p Spanish 2 6:00-7:00p Senior Tabata	3:00-5:00n Pre-Reginning Line Dance				
3:30-5:00p Gelli Plate Printing 5:00-8:00p Vocal Lessons	3:00-5:00p Pre-Beginning Line Dance 3:15-4:15p Meditation	5:00-7:00p Posh Decorating 6:00-7:00p Senior Tabata			