

Clovis Senior Activity Center Class Fees

Class Sessions	Days	Time	Instructor	Class Fee Per Session Per Person
Intermediate Couples Western Dance	M	7:00-9:00pm	Jim Ray	\$4.00
Beginning Couples Western Dance	F	5:00-7:00pm	Jim Ray	\$4.00
Beginning Western Line Dance	M,F T,TH	1:30-3:00pm 1:00-3:00PM	Jim Ray	\$3.00 \$4.00
Beginning Western Line Dance	F	3:00-5:00pm	Jim Ray	\$4.00
Free Line Dance Lesson	F	7:00-7:30pm	Jim Ray	Free
Friday Night Western Dancing	F	7:30-10:00pm	Jim Ray	\$5.00
Fast Fitness w/ Beth	T,W,TH	6:00-6:30am	Beth Nelson	\$2.00
Traditional Exercise	M,W,F T, TH	10:15-11:15am 1:30-2:30pm	Don Kolz	\$2.00
Gentle Stretch & Strengthen Exercise	M,W,F	9:00-10:00am	Don Kolz	\$2.00
Yoga	T,TH	2:30-3:30pm	Don Kolz	\$2.00
Vinyasa Yoga	W	1:15-2:15pm	Don Kolz	\$2.00
Circuit & Equipment Training	M,F	12:00-1:00pm & 1:00-2:00pm	Don Kolz	\$2.00
Balance with Don	W	11:30a-12:30pm	Don Kolz	\$2.00
Circuit & Equipment Training	TH	12:00-1:00pm	Don Kolz	\$2.00
Zumba Gold (Rec. Center)	T	9:00-10:00am	Stephanie Shannon	\$2.00
Zumba Gold Beginners (Senior Center)	W,F	8:00-8:45am		
Zumba Gold Non-Beginners (Senior Center)	W,F	9:00-10:00am		
Zumba Chair	TH	7:00-8:00am	Stephanie Shannon	\$2.00
Ripped Muscle Resistance	T,TH	4:00-5:00pm	Stephanie Shannon	\$2.00
Let's Have A Ball (Rec. Center)	T	10:15-11:15am	Stephanie Shannon	\$2.00
Senior Tabata	T, TH	6:00-7:00pm	Stephanie Shannon	\$2.00
Dance Aerobics (Rec. Center)	M	9:00-10:00am & 10:00-11:00am	Shay Favila	\$2.00
Dance Aerobics (Senior Center)	TH	9:00-10:00am & 10:00-11:00am	Shay Favila	\$2.00
Walking Workout (Rec. Center)	M	8:00-8:45am	Shay Favila	\$2.00
Walking Workout (SeniorCenter)	TH	8:00-8:45am		
Tai Chi Beginning Basics	M	8:30-9:30am	Bill Titus	\$2.00
Tai Chi Beyond Basics	W	4:00-5:00pm	Bill Titus	\$2.00
Aerobic Kickboxing	TH	11:30a-12:30pm	KirkCruz	\$2.00
Memoir Writing Class	TH	9:30-11:30am	Jeanie Miller	\$2.00
Book Club	M,T	9:00-10:00am	Kelly Orender	\$2.00
Bunco	M	11:00-1:00pm	Kelly Orender	\$5.00
Friday Bridge	F	12:00-4:00pm	N/A	\$1.00
Billiards	M-F	8:00-5:00pm	N/A	\$10.00/month
Activity Sessions	Days	Time	Room	
2500 Card Game	M	1:00-3:00pm	East Lobby	Free
American Mah-jongg	T	10:00am-noon	Classroom B	Free
Bingo	T	10:00-11:00am	Main Hall	Free
Pinochle	T	8:30-11:30am	Classroom A	Free
Knitting and Crochet Group	M,F	10:15a-12:15pm	East Lobby	Free
Bridge	W	12:00-4:00pm	Classroom B	Free
Intermediate/Advanced Hand n Foot	T	12:30-4:00pm	East Lobby	Free
	F	12:30-4:00pm	Classroom A & B	
Mexican Train	M	9:00am-noon	East Lobby	Free
	TH	12:30-4:00pm	East Lobby	
Chess	W	12:00-3:30PM	Classroom A	Free
Beginning Hand n Foot	W	1:00- 4:30pm	Meeting Room A	Free
Navigating Grief w/Kelly	M	2:00-3:00pm	Classroom C	Free
Peer Support Group w/Kelly	T	10:00-11:00am	Classroom C	Free
Drop-In Crafters	W	9:00-noon	East Lobby	Free
Ping Pong	Mon Tue Wed Thurs	10:00am-noon 9:00am-Noon 9:00am-11:00am 3:15pm-5:15pm	Classroom A & B Patio Area Patio Area Classroom A,B & C	Free