



JULY 2024 SENIOR SALAD MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Hi C Chicken Pasta Salad Wheat Dinner Roll Orange	2 Hi C Chef Salad Sourdough Bread Tropical Fruit	3 Hi C Teriyaki Grilled Chicken Salad Whole Grain Flour Tortilla Honeydew Chunks	4 	5 Hi C Tuna Salad Whole Wheat Bread Pineapple Tidbits Pudding
8 Hi C Teriyaki Grilled Chicken Salad Whole Grain Flour Tortilla Orange	9 Hi C Chicken Pasta Salad Wheat Dinner Roll Tropical Fruit	10 Hi C Tuna Salad Whole Wheat Bread Pineapple Tidbits	11 Sesame Chicken Noodle Salad Whole Grain Flour Tortilla Cantaloupe Chunks	12 Hi C Chef Salad Sourdough Bread Tropical Fruit
15 Hi C Chicken Pasta Salad Wheat Dinner Roll Orange	16 Hi C Tuna Salad Whole Wheat Bread Honeydew Chunks	17 Hi C Chef Salad Sourdough Bread Corn Chowder Tropical Fruit	18 	19 Sesame Chicken Noodle Salad Whole Grain Flour Tortilla Pineapple Tidbits
22 Hi C Tuna Salad Whole Wheat Bread Tropical Fruit	23 Hi C Chicken Pasta Salad Whole Grain Flour Tortilla Cantaloupe Chunks 	24 No Lunch - Center Event	25 Sesame Chicken Noodle Salad Whole Grain Flour Tortilla Orange Pudding	26 Hi C Teriyaki Grilled Chicken Salad Wheat Dinner Roll Tropical Fruit
29 Hi C Chicken Pasta Salad Whole Grain Flour Tortilla Pineapple Tidbits Pudding	30 Hi C Tuna Salad Wheat Dinner Roll Orange	31 Sesame Chicken Noodle Salad Sourdough Bread Honeydew Chunks	Call by 11am at least 1 day before 11am to reserve your lunch. 324-2750 Please state if you want hot meal or salad.	*MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Funding through: Fresno-Madera Agency on Aging

Seniors 60 years & older suggested contribution: \$2.50

Non-Senior Rate: \$6.27