## **Clovis Senior Activity Center Class Fees**

Class Sessions	Days	Time	Instructor	Class Fee Per
				Session Per Person
Pre-Beginning Western Line Dance	M, F	3:00-5:00pm	Jim Ray	\$4.00
Beginning Couples Western Dance	F	5:00-7:00pm	Jim Ray	\$4.00
Intermediate Couples Western Dance	M	7:00-9:00pm	Jim Ray	\$4.00
Beginning Western Line Dance	M, F	1:30-3:00pm	Jim Ray	\$3.00
Beginning Western Line Dance	T, TH	1:00-3:00pm	Jim Ray	\$4.00
Free Line Dance Lesson	F	7:00-7:30pm	Jim Ray	Free
Friday Night Western Dancing	F	7:30-10:00pm	Jim Ray	\$5.00
Fast Fitness w/Beth	T,W,TH	6:00-6:45am	Beth Nelson	\$2.00
Traditional Exercise	M, W, F	10:15-11:15am 1:30-2:30pm	Don Kolz	\$2.00
Gentle Stretch & Strengthen Exercise	T, TH M, W, F	9:00-10:00am	Don Kolz	\$2.00
Yoga	T, TH	2:30-3:30pm	Don Kolz	\$2.00
Circuit & Equipment Training	M <i>,</i> F	12:00-1:00pm & 2:00-3:00pm	Don Kolz	\$2.00
Circuit & Equipment Training	TH	12:00-1:00pm	Don Kolz	\$2.00
Zumba Gold	W, F	9:00-10:00am	Stephanie Shannon	\$2.00
Zumba Chair	T, TH	7:00-8:00am	Stephanie Shannon	\$2.00
Senior Tabata	T, TH	6:00-7:00pm	Stephanie Shannon	\$2.00
Dance Aerobics (Rec. Center)	М	9:00-10:00am & 10:00-11:00am	Shay Favila	\$2.00
Dance Aerobics (Senior Center)	TH	9:00-10:00am & 10:00-11:00am	Shay Favila	\$2.00
Walking Workout (Rec. Center) Walking Workout (Senior Center)	M TH	8:00-8:45am 8:00-8:45am	Shay Favila	\$2.00
Tai Chi Beginning Basics	М	8:30-9:30am	Bill Titus	\$2.00
Tai Chi Beyond Basics	W	4:00-5:00pm	Bill Titus	\$2.00
Aerobic Kickboxing	TH	11:30am-12:30pm	Kirk Cruz	\$2.00
Memoir Writing Class	TH	9:30-11:30am	Jeanie Miller	\$2.00
Book Club	M,T	9:00-10:00am	Kelly Orender	\$2.00
Bunco	M	11:00-1:00pm	Kelly Orender	\$5.00
Friday Bridge	F	noon-4:00pm	N/A	\$1.00
Billiards	M-F	8:00-5:00pm	N/A	\$10.00/month
Activity Sessions	Days	Time	Room	
2500 Card Game	М	1:00-3:00pm	South Lobby	Free
American Mah-jongg	Т	10:00-noon	Classroom B	Free
Bingo	T	10:00-11:00am	Main Hall	Free
Pinochle	Т	8:30-11:30am	Classroom A	Free
Social Knitting and Crochet Group	M <i>,</i> F	10:15am-12:15pm	South Lobby	Free
Bridge	W	noon-4:00pm	Classroom B	Free
Intermediate/Advanced Hand n Foot	T F	12:30-4:00pm 12:30-4:00pm	South Lobby Classroom A&B	Free
Mexican Train	M TH	9:00am-noon 12:30-4:00pm	South Lobby South Lobby	Free
Beginning Hand n Foot	W	1:00-4:00pm	Meeting Room A	Free
Navigating Grief w/Kelly	M	2:00-3:00pm	Classroom C	Free
Peer Support Group w/Kelly	T	10:00-11:00am	Classroom C	Free
Drop-in Art	W	8:00-10:00am	Art Room	Free
Drop-in Crafters	W	9:00-noon	South Lobby	Free
Ping Pong	M T W	10:00am-noon 9:00am-noon 9:00-11:00am	Classroom A&B Patio Area Patio Area	Free
	TH	3:15-5:15pm	Classroom A, B, C	