

## Clovis Senior Activity Center Class Fees

| Class Sessions                       | Days           | Time                                       | Instructor                                   | Class Fee Per Session Per Person |
|--------------------------------------|----------------|--|--|----------------------------------|
| Pre-Beginning Western Line Dance     | M,F            | 3:00-5:00pm                                | Jim Ray                                      | \$4.00                           |
| Beginning Couples Western Dance      | F              | 5:00-7:00pm                                | Jim Ray                                      | \$4.00                           |
| Intermediate Couples Western Dance   | M              | 7:00-9:00pm                                | Jim Ray                                      | \$4.00                           |
| Beginning Western Line Dance         | M,T,TH,F       | 1:00-3:00pm                                | Jim Ray                                      | \$4.00                           |
| Free Line Dance Lesson               | F              | 7:00-7:30pm                                | Jim Ray                                      | Free                             |
| Friday Night Western Dancing         | F              | 7:30-10:00pm                               | Jim Ray                                      | \$5.00                           |
| Fast Fitness w/ Beth                 | T,W,TH         | 6:00-6:45am                                | Beth Nelson                                  | \$2.00                           |
| Traditional Exercise                 | M,W,F<br>T, TH | 10:15-11:15am<br>1:30-2:30pm               | Don Kolz                                     | \$2.00                           |
| Gentle Stretch & Strengthen Exercise | M,W,F          | 9:00-10:00am                               | Don Kolz                                     | \$2.00                           |
| Yoga                                 | T,TH           | 2:30-3:30pm                                | Don Kolz                                     | \$2.00                           |
| Circuit & Equipment Training         | M,F            | 12:00-1:00pm &<br>1:00-2:00pm              | Don Kolz                                     | \$2.00                           |
| Circuit & Equipment Training         | TH             | 12:00-1:00pm                               | Don Kolz                                     | \$2.00                           |
| Zumba Gold                           | W,F            | 9:00-10:00am                               | Stephanie Shannon                            | \$2.00                           |
| Zumba Chair                          | T, TH          | 7:00-8:00am                                | Stephanie Shannon                            | \$2.00                           |
| Senior Tabata                        | T, TH          | 6:00-7:00pm                                | Stephanie Shannon                            | \$2.00                           |
| Dance Aerobics (Rec. Center)         | M              | 9:00-10:00am &<br>10:00-11:00am            | Shay Favila                                  | \$2.00                           |
| Dance Aerobics (Senior Center)       | TH             | 9:00-10:00am &<br>10:00-11:00am            | Shay Favila                                  | \$2.00                           |
| Walking Workout (Rec. Center)        | M              | 8:00-8:45am                                | Shay Favila                                  | \$2.00                           |
| Walking Workout (SeniorCenter)       | TH             | 8:00-8:45am                                | Shay Favila                                  | \$2.00                           |
| Tai Chi Beginning Basics             | M              | 8:30-9:30am                                | Bill Titus                                   | \$2.00                           |
| Tai Chi Beyond Basics                | W              | 4:00-5:00pm                                | Bill Titus                                   | \$2.00                           |
| Memoir Writing Class                 | TH             | 9:30-11:30am                               | Jeanie Miller                                | \$2.00                           |
| Book Club (# of sessions varies)     | M,T            | 9:00-10:00am                               | Kelly Orender                                | \$8.00-10.00                     |
| Bunco                                | M              | 11:00-1:00pm                               | Kelly Orender                                | \$5.00                           |
| Friday Bridge                        | F              | 12:00-4:00pm                               | N/A  | \$1.00                           |
| Billiards                            | M-F            | 8:00-5:00pm                                | N/A  | \$10.00/month                    |
| Activity Sessions                    | Days           | Time                                       | Room   |                                  |
| 2500 Card Game                       | M              | 1:15-3:15pm                                | SouthLobby                                   | Free                             |
| American MahJongg                    | M              | 1:00-3:00pm                                | Classroom A                                  | Free                             |
| Bingo                                | T              | 10:00-11:00am                              | Main Hall                                    | Free                             |
| Pinochle                             | T              | 8:30-11:30am                               | South Lobby                                  | Free                             |
| Knitting and Crochet Group           | M,F            | 10:15a-12:15pm                             | South Lobby                                  | Free                             |
| Bridge                               | W              | 12:00-4:00pm                               | Classroom B                                  | Free                             |
| Intermediate/Advanced Hand n Foot    | T<br>F         | 12:30-4:00pm<br>12:30-4:00pm               | South Lobby<br>Classroom A & B               | Free                             |
| Mexican Train                        | M<br>TH        | 9:00am-noon<br>12:30-4:00pm                | South Lobby<br>South Lobby                   | Free                             |
| Beginning Hand n Foot                | W              | 1:00- 4:30pm                               | Meeting Room A                               | Free                             |
| Navigating Grief w/Kelly             | M              | 2:00-3:00pm                                | Classroom C                                  | Free                             |
| Peer Support Group w/Kelly           | T              | 10:00-11:00am                              | Classroom C                                  | Free                             |
| Drop-In Art                          | W              | 8:00-10:00am                               | Art Room                                     | Free                             |
| Drop-In Crafters                     | W              | 9:00-noon                                  | Art Room                                     | Free                             |
| Ping Pong                            | M<br>W<br>TH   | 10:00-noon<br>9:00-11:00am<br>9:00-11:00am | Classroom A & B<br>Patio Area<br>Classroom C | Free                             |