

APRIL 2024 SENIOR MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Salisbury Steak w/ Gravy California Mixed Vegetables Whole Wheat Dinner Roll Pineapple Tidbits	2 Chicken Thigh w/Mushroom Sauce Hi C Salad Brown Rice Cantaloupe Chunks	3 BBQ Pork Sandwich on Wheat Bun Steamed Carrots Coleslaw Tropical Fruits	4 Turkey & Cheese Sandwich on Wheat Bread Tomato, Lettuce & Onion Corn Chowder Orange	5 Polish Sausage w/ Onion & Bell Peppers on Wheat Bun Ketchup & Mustard Potato Salad Pineapple Tidbits
8 Baked Chicken Drumstick California Mixed Vegetables Brown Rice Tropical Fruits	9 Breaded Fish Peas & Carrots Wheat Dinner Roll Honeydew Chunks Pudding	10 Pork Chili Verde Hi C Salad Whole Grain Tortilla Refried Beans Pineapple Tidbits	11 Chicken Fajitas Shredded Lettuce & Cheese Whole Grain Tortilla Corn Chowder Orange	12 Beef Meatloaf w/ Gravy Vegetable Medley Mashed Potatoes Wheat Dinner Roll Tropical Fruit
15 Chicken Stir Fry Onion, Broccoli, Carrot & Bell Peppers Brown Rice Pineapple Tidbits Pudding	16 Beef & Vegetable Stew Hi C Salad Wheat Dinner Roll Cantaloupe Chunks	17 Chicken Bowtie w/ Pesto Sauce Vegetable Medley Sourdough Bread Orange	18 <i>Jolly Times</i>	19 Tuna Salad Sandwich On Wheat Bread Steamed Carrots Pineapple Tidbits
22 Beef Pepper Steak w/ Gravy Onions & Bell Peppers Mashed Potatoes Wheat Dinner Roll Orange	23 Vegetable Chili Peas & Carrots Corn Muffin Pineapple Tidbits	24 Santa Fe Chicken Thigh Mashed Sweet Potatoes Wheat Dinner Roll Tropical Fruit	25 Turkey & Cheese Sandwich on Wheat Bread Tomato, Lettuce & Onion Potato Salad Honeydew Chunks Pudding	26 Hot Dog on Wheat Bun Ketchup & Mustard Steamed Carrots Pineapple Tidbits
29 Chicken Meatballs w/ Gravy California Mixed Vegetables Brown Rice Orange	30 Beef Salisbury Steak w/ Gravy Vegetable Medley Wheat Dinner Roll Tropical Fruit	ALL MEALS INCLUDE LOW FAT MILK	You must contact us at least 1 day in advance by 11am to reserve your meal. 324-2750	*MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Funding through: Fresno-Madera Agency on Aging

Seniors 60 years & older suggested contribution: \$2.50

Non-Senior Rate: \$5.70