11:15:11:16:12:16:10:10:00:10	Calendar of Activities - March 2025					
88.8 0.0 mm 88.0 mm				Thursday - March 6	Friday - March 7	
Bit De Longelle, Bistein Bistei	8:00-8:45a Walking Workout (at Rec. Center)	8:30-11:30a Pinochle	6:00-6:30a Fast Fitness	6:00-6:30a Fast Fitness		
Bit Hold Dep Key CLB Control Transmission Control T			8:00-8:45a Zumba Gold for Beginners			
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1000-1100 Served 1000-1100 Served<			10:15-11:15a Traditional Exercise		10:15a-12:15p Knitting / Crochet Group	
11.55-1169 Trade T	10:00-11:00a Strength Training with Weights	10:15-11:15a Let's Have a Ball (Rec. Center)	10:30-11:45a Top Dollar Music	10:00-11:00a Strength Training with Weights	10:30-11:45a DeLeon Music	
11:00-100 brow 200-400 brow 200-400 brow 120-400 bro	10:00a-12:00n Beg./Intermediate Watercolor	11:15a-1:15p Make & Take (Beg./Intermediate)		10:00-11:00a Grief Support	12:00n-1:00p& 1:00-2:00p Circuit/Equip Training	
12.001.002.000 Close Spot Condition Transmit 100.000 Program <	10:15-11:15a Traditional Exercise	12:00n-1:00p Circuit Training	12:00-4:00p Bridge	11:45a-12:45p Balance with Don	12:15-4:00p Bridge	
12,03-0.00, 18, 8 /em 100-3100, Unit Denvine Million 100-3100, UnitDenvine Million 100-3100, Unit De	12:00-1:008 1:00-2:00p Circuit/Equip Training					
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10-3-300 Purpulation in the Durang for Expanse 20-3-300 Purpulation 20-	1:00-3:00p Beginning Drawing	1:30-2:30p Traditional Exercise	1:00-4:30p Beginning Hand & Foot	1:30-2:30p Traditional Exercise	3:00-5:00p Basic Acrylic Landscape Painting	
200.3-000 Brunger Gut 200.4-100 France Heat Term 200.						
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Uncelling Uncelling Description Description <thdescription< th=""> <thdescription< th=""> <th< td=""><td></td><td></td><td>5:00-8:00p Karaoke Night</td><td>4:00-5:00p Rippled Muscle Resistance</td><td>7:00-7:30p Western Dance Lesson</td></th<></thdescription<></thdescription<>			5:00-8:00p Karaoke Night	4:00-5:00p Rippled Muscle Resistance	7:00-7:30p Western Dance Lesson	
30.83-83 Walking Workout (af Rev. Chere) 80.91-100.2 Junk (af Rev. Chere)			Wednesday, March 12	Thursday, March 12		
38 - 38 - 38 - 38 - 38 - 38 - 38 - 38 -					8:00-8:45a Zumba Gold for Beginners	
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Bits - 1000 Book Rub Bits - 10			9:00-10:00a Gentle Stretch Exercise	8:00-8:45a Walking Workout	9:00-10:00a Zumba Gold for Non-Beginners	
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10:15-11/16 Traditional Exercise 12:00-100; Circuit Training 12:00-400; Prinde 12:00-400; Prinde <td>10:00a-12:00n Beg./Intermediate Watercolor</td> <td>11:15a-1:15p Make & Take (Beg./Intermediate)</td> <td>11:30a-12:30p Balance with Don</td> <td>10:00-11:00a Grief Support</td> <td>12:00n-1:00p& 1:00-2:00p Circuit/Equip Training</td>	10:00a-12:00n Beg./Intermediate Watercolor	11:15a-1:15p Make & Take (Beg./Intermediate)	11:30a-12:30p Balance with Don	10:00-11:00a Grief Support	12:00n-1:00p& 1:00-2:00p Circuit/Equip Training	
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12:30:500 Seving Class 1:30:300 Line Dancing for Everyone 1:30:300 Line Dancing for E	11:00a-1:00p Bunco	12:30-4:00p Interm./Advanced Hand&Foot	12:30-3:30p Chess	12:30-4:00p Mexican Train	12:30-4:00p Interm./Advanced Hand&Foot	
100-300 Beginning Drawing 130-230 Traditional Exercise 100-430 Beginning Hard & Foot 130-230 Traditional Exercise 1			1:00-3:00p Frugal Living			
100-300 2500 Card Game 200-400 Decugae Art 115-2150 Vinges Arga 115-2150 Vinges Arga 230-330 (response) 230-330 (response) <t< td=""><td>12.30-3:00p Sewing Class</td><td>1:30-2:30p Traditional Evergise</td><td>1:00-4:000 PM Ceramics</td><td>1:30-2:30p Traditional Eversise</td><td>3:00-5:00n Basic Acrylic Landscape Painting</td></t<>	12.30-3:00p Sewing Class	1:30-2:30p Traditional Evergise	1:00-4:000 PM Ceramics	1:30-2:30p Traditional Eversise	3:00-5:00n Basic Acrylic Landscape Painting	
130-3:30 Line Duncing for Everyone 230-3:30 Yoa 230-3:30 Yoa 330-3:00 Prophet Mark 2 Take (Advanced) 500-7:00 Beg Couples Western Dance 230-3:00 Noviget Method 230-3:00 Prophet Mark 2 Take (Advanced) 330-3:00 Prophet Mark 2 Take (Advanced) 500-7:00 Beg Couples Western Dance 230-3:00 Prophet Mark 2 Take (Advanced) 230-3:00 Prophet Mark 2 Take (Advanced) 500-7:00 Beg Couples Western Dance 700-7:00 Western Dance 7			1:15-2:15p Vinvasa Yoga	2:30-3:30p Yoga	3:30-5:00p Basic Acrylic Landscape Painting 3:30-5:00p SlowerPace LineDancing for Everyone	
2:00-300 Navigating Grief 3:00-4:00 Report Musice Instance 5:00-8:00 Karrake Night 4:00-5:00 Ripped Musice Resistance 7:00-7:30 Western Dance Lesson 3:00-30-00 Sub/mathema Linear Linear Streeth Evercise 3:00-4:00 Karrake Night 4:00-5:00 Ripped Musice Resistance 7:00-7:30 Western Dance Jit 3:00-4:00 Karrake Night 8:00-4:00 Head Resistance 7:00-7:30 Western Dance Jit 7:00-7:30 Western Dance Jit 3:00-4:00 Karrake Night 8:00-4:00 Head Resistance 7:00-7:30 Western Dance Jit 7:00-7:30 Western Dance Jit 3:00-4:00 Karrake Night 8:00-4:00 Head Resistance 7:00-7:30 Western Dance Jit 7:00-7:30 Western Dance Jit 3:00-4:00 Karrake Night 8:00-4:00 Karrake Night 8:00-4:00 Karrake Night 8:00-4:00 Karrake Night 8:00-4:00 Karrake Night 3:00-1:00 Karrake Night 9:00-1:00 Karrake	1:30-3:30p Line Dancing for Everyone	2:30-3:30p Yoga	4:00-5:00p Tai Chi Beyond Basics	3:00-6:00p Make & Take (Advanced)	5:00-7:00p Beg.Couples Western Dance	
Image: Sec: Control Image: Sec: Control Protect Protect <th< td=""><td>2:00-3:00p Navigating Grief</td><td>3:30-4:30p Aerobic Kickboxing</td><td>5:00-8:00p Karaoke Night</td><td>4:00-5:00p Rippled Muscle Resistance</td><td>7:00-7:30p Western Dance Lesson</td></th<>	2:00-3:00p Navigating Grief	3:30-4:30p Aerobic Kickboxing	5:00-8:00p Karaoke Night	4:00-5:00p Rippled Muscle Resistance	7:00-7:30p Western Dance Lesson	
8:00-43:30 Nuking Workou (pt Rec. Center) 8:00-10:00 Novester Friding 8:00-10:00 <	3:30-5:00p SlowPace LineDance for Everyone					
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9:00-10:00a Genite Stretch Exercise 9:00-10:0	8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics	8:00-10:00a Newsletter Folding 8:30-11:30a Pinochle	6:00-6:308 Fast Fitness 8:00-8:45a Zumba Gold for Beginners			
9:00-10:00a Book Club 9:00-10:00a Book Club 9:00-10:00a Check Che						
9:00-11:00a Dance Aerobics (RecCtr) 9:00-11:00a Dance Aerobics (RecCtr) 9:00-1:00a Dance Aerobics (RecCtr)						
9:00=1:200 Hokscan Train 10:00-11:00 EVERTARS BINGO 10:00-11:00 EVERTARS DINGO 10:15:01:15:16 Traditional Exercise 10:00-11:00 EVERTARS DINGO 10:15:11:15:16 Traditional Exercise 10:00-11:00 EVERTARS DINGO 10:00-11:00 EVERTARS 10:00-11:00 EVERTARS 10:00-11:00 EVERTARS	9:00-10:00a Dance Aerobics (RecCtr)	9:00-11:00a Drop-in Ping Pong (TransitBldg)		9:00-11:00a Memoir Writing Class (at Transit)		
10:00-11:00a Strength Training with Weights 10:00-11:05a Strength Training with Weights 10:00-11:05a Strength Training with Weights 10:00-11:00a Strength Training with Weights 10:00-11:05a Strength Training with Weights 10:00-11:05a Strength Training with Weights 10:00-11:00a Topo Arcon Kanang Kan	9:00-11:00a Drop-in Ping Pong (TransitBldg)	9:30a-12:00n American Mah-jongg			10:15-11:15a Traditional Exercise	
10:00-12:00n Art Journaling 10:15-11:15 at Lat's Have a Ball (Rec. Center) 11:30-12:30 Balance with Don 12:30-1000 Balance Vita Don 12:30-1000 Balance Vita Don 10:00-2:000 Circuit/Equity Training 10:30-10:20 Converting Later State (Beg, Interm Advanced Hand&Foot 12:30-1000 Balance Vita Don 12						
10:15-11:15a Traditional Exercise 11:15a-11:25 Make & Take (Beg/Intermediate) 12:00-4:00b Ridge 12:30-4:00b Interm/Advanced Hand&Foot 12:00-100b Ridge 12:30-4:00b Interm/Advanced Hand&Foot 12:30-4:00b Interm/Advanced Hand&Foot 12:30-4:00b Nexica Train 12:00-100b Ridge 10:3:00b Zendboding 10:3:00b Zendboding 12:30-4:00b Nexica Train 12:30-4:00b Nexica Train 13:00-2:00b What Is My Purpose? 10:3:00b Zendboding 10:3:00b Zendboding 12:30-4:00b Nexica Train 13:00-2:00b Peocupage Art 2:30-4:00b Nexica Train 11:52-1150 Winks A Take (Advanced) 3:00-5:00b Ridge 13:00-2:00b Nexica Train 2:30-4:00b Nexica Train 11:52-1150 Winks A Take (Advanced) 3:00-5:00b Ridge 13:00-2:00b Nexica Train 2:30-4:00b Nexica Train 1:52-1:50 Winks A Take (Advanced) 3:00-5:00b Ridge 13:00-2:00b Nexica Train 2:30-4:00b Nexica Train 1:52-1:50 Winks A Take (Advanced) 3:00-5:00b Ridge 13:00-2:00b Nexica Train 2:30-4:00b Nexica Train 1:52-1:50 Winks A Take (Advanced) 3:00-5:00b Ridge 10:00-2:00b Nexica Train 2:30-4:00b Nexica Train 2:30-4:00b Nexica Train 2:30-4:00b Nexica Train 10:00-2:00b Nexica Train 2:30-1:00b Center 5:00-5:00b Tain 5:00-5:00b Ridge 2:30-4:00b Nexica						
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1:00-3:00p Zendooding 1:00-3:00p Zendoo	11:00a-1:00p Bunco 12:00-1:00& 1:00-2:00p Circuit/Equip Training					
1:00-3:00p 2500 Card Game 1:30-2:30p Traditional Exercise 3:00-5:00p Basic Acrylic LandScape Painting Hand & Foot 1:30-3:30p Intermining Hand & Foot 1:30-2:30p Traditional Exercise 3:00-5:00p Basic Acrylic LandScape Painting for Everyone 2:30-3:30p Intermining Hand & Foot 1:30-2:30p Traditional Exercise 3:00-5:00p Basic Acrylic LandScape Painting for Everyone 3:30-5:00p SizerAcrylic LandScape Painting 1:30-2:30p Traditional Exercise 3:00-5:00p Basic Acrylic LandScape Painting for Everyone 3:30-5:00p SizerAcrylic LandScape Painting 2:30-3:30p Traditional Exercise 3:00-5:00p Basic Acrylic LandScape Painting for Everyone 3:30-5:00p SizerAcrylic LandScape Painting 4:00-5:00p Riped Muscle Resistance 7:00-7:00p Resten Dance 4:00-5:00p Maxie & Take (Advanced) 5:00-7:00p Resten Dance 7:00-7:00p Resten Dance 5:00-8:30a Fast Finats 7:00-8:00a Zumba Gold (Rec. Center) 6:00-6:30a Fast Finats 7:00-8:00a Zumba Gold (Rec. Center) 9:00-10:00a Boek Cubic Resciption 9:00-11:00a Dop-in Ping Pong (TransiBidg) <						
2:00-3:000 Navigating Grief 2:30-3:300 Yoga 4:00-5:000 Tai Chi Beyinne Basics 3:00-6:00 Make & Take (Advanced) 5:00-7:000 Edg.Couples Western Dance 3:03-5:000 ShowPace LineBactors for Everyone 3:00-6:00 Tai Chi Beyinne Basics 3:00-6:00 Make & Take (Advanced) 5:00-7:000 Edg.Couples Western Dance 7:30-1:000 Kestern Dance 7:30-	1:00-3:00p 2500 Card Game	1:30-2:30p Traditional Exercise	1:00-4:30p Beginning Hand & Foot	1:30-2:30p Traditional Exercise	3:00-5:00p Basic Acrylic Landscape Painting	
3:30-5:00p SlowPace LineDance for Everyone 3:30-3:0p Arerbite Kickboxing 5:00-8:00p Karaoke Night 4:00-5:00p Rippled Muscle Resistance 7:00-7:30p Western Dance Lesson Monday - March 24 Tuesday - March 25 Wednesday - March 26 Tursday - March 27 Fridday - March 28 6:00-8:30a Fast Fitness 6:00-6:30a Fast Fitness 6:00-6:30a Fast Fitness 8:00-8:45a Walking Workout (at Rec. Center) 9:00-10:00a Centel Stretch Exercise 9:00-10:00a Centel Stretch Exercise 9:00-10:00a Dance Arerbics 9:00-10:00a Centel Stretch Exercise 9:00-10:00a Dance Arerbics 9:00-10:00a Dance						
4:00-5:00p Meditation 4:00-5:00p Ripped Muscle Resistance 7:30-10:00p Western Dance Monday - March 24 Tuesday - March 25 Wednesday - March 26 Thursday - March 27 Friday - March 28 8:00-8:45a Walking Workout (at Rec. Center) 9:00-10:00a Gentle Stretch Exercise 9:00-11:00a Stretght Training With Weights 10:30-21:00 Final Exercise 10:30-21:00 Final Exercise 10:30-21:00 Final Exercise 10:30-2:00 Final Exercise 10:30-2:00 Final Exercise 10:30-2:00 Final Exercise 10:30-2:00 Final Exercise						
Monday - March 24 Tuesday - March 25 Wednesday - March 26 Thursday - March 27 Friday - March 28 6:00-8:45a Walking Workout (aft Rec. Center) 6:00-10:00a East Fitness 6:00-8:05a Fast Fitness 6:00-8:05a Fast Fitness 6:00-8:05a Fast Fitness 6:00-8:05a Fast Fitness 6:00-8:45a Walking Workout 9:00-10:00a Book Club 9:00-10:00a Book Club 9:00-10:00a Book Club 9:00-10:00a Centle Stretch Exercise 9:00-11:00a Drop-in Ping Pong (TransitBidg) 9:00-11:00a Strength Training 9:00-11:00a Strength Training 9:00-11:00a Drop-in Ping Pong (TransitBidg) 9:00-11:00a Strength Training 1:00-11:00a Strengt	4:00-5:00p SlowPace LineDance for Everyone	4:00-5:00n Rinned Muscle Resistance	5.00-6.00p Karaoke Night	4.00-5.00p Rippled Muscle Resistance	7:30-10:00n Western Dance	
8:00-8:45a Walking Workout (at Rec. Center) 8:00-11:00a Si0-11:00a Si0-11:00a Si0-11:00a Si0-10:00a	Monday - March 24	Tuesday - March 25	Wednesday - March 26	Thursday - March 27		
8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club 9:00-10:00a Book Club 9:00-11:00a Drop-in Ping Pong (TransitBldg) 9:00-11:00a Drop-in Ping Pong (TransitBldg) 9:00-11:00a Pong (TransitBldg) 9:00-11:00a Drop-in Ping Pong (TransitBldg) 9:00-11:00a Pong (TransitBldg) 9:00-10:00a Pong (TransitBldg)						
9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Book Club 9:00-10:00a Dance Aerobics 9:00-10:00a Dance				7:00-8:00a Zumba Chair		
9:00-10:00a Book Club 9:00-11:00a Drop-in Ping Pong (TransitBldg) 9:00-11:00a Bropo- in Ping Pong (TransitBldg) 9:00-11:00a Activity Ping Pong (TransitBldg) 9:00-11:00a Bropo- in Ping Pong (TransitBldg) 9:00-11:00a Bropo- in Ping Pong (TransitBldg) 9:00-11:00a Activity Ping Pong (TransitBldg) 9:00-11:00a Bropo- in Ping Pong (TransitBldg) 9:00-1:00a Bropo- in	9:00-10:00a Gentle Stretch Exercise	9:00-10:00a Book Club	9:00-10:00a Gentle Stretch Exercise	8:00-8:45a Walking Workout	9:00-10:00a Zumba Gold for Non-Beginners	
9:00-11:00a Drop-in Ping Pong (TransitBldg) 10:00-11:00a Piere Support 9:30a-12:30p AM Ceramics 9:00-11:00a Drop-in Ping Pong (TransitBldg) 10:15-11:15a Traditional Exercise 10:00-12:00n Art Journaling 10:15-11:15a Traditional Exercise 9:30a-12:30p AM Ceramics 9:30a-12:30p AM Ceramics 9:30a-12:30p Urban Sketching 10:15-11:15a Traditional Exercise 10:00-12:00 Bunco 10:00-11:00a Circuit Training 10:15-11:15a Traditional Exercise 9:30a-12:30p Bunco 10:00-11:00a Circuit Piere 10:15-11:15a Traditional Exercise 11:00a-1:00p Bunco 12:00-4:00p Interm./Advanced Hand&Foot 11:30-12:30p Bunco 10:00-11:00a Circuit Piere 10:00-11:00a Circuit Piere 1:00-3:00p Zendoodling 1:00-3:00p Line Dancing for Everyone 1:00-4:00p Decoupage Art 1:00-4:30p Beginning Hand & Foot 1:00-4:30p Beginning Hand & Foot 1:00-4:30p Beginning Hand & Foot 1:00-4:30p PM Ceramics 1:00-4:30p Beginning Hand & Foot 1:00-3:00p Line Dancing for Everyone 2:00-4:00p Pecoupage Art 2:30-3:00p Yaga 3:00-6:00p Make & Take (Advanced) 3:00-6:00p Make & Take (9:00-10:00a Zumba Gold for Non-Beginners	9:00-10:00a Dance Aerobics	9:00-11:00a Drop-in Ping Pong (TransitBldg)	
9:00a-12:00n Mexican Train 10:00-11:00a Bingo 10:00-11:00a Bingo 10:15-11:15a Traditional Exercise 9:30a-12:30p Urban Sketching 10:35-11:45a Birthday Celebration 10:00a-1:00p Bunco 11:00a-1:00p Circuit/Equip Training 10:00-11:00a Gingo 10:30-11:45a Top Dollar Music 10:30-11:45a Top Dollar Music 10:30-11:45a Birthday Celebration 11:00a-1:00p Bunco 10:00-11:00a Circuit/Equip Training 10:00-11:00a Circuit/Equip Training 10:30-11:45a Top Dollar Music 10:30-11:45a Top Dollar Music 11:00a-1:00p Circuit/Equip Training 10:00-11:00a Circuit/Equip Training 10:00-11:00a Circuit/Equip Training 10:30-11:45a Top Dollar Music 11:00a-1:00p Circuit/Equip Training 10:00-11:00a Circuit/Equip Training 10:00-11:00a Circuit/Equip Training 10:00-11:00a Circuit/Equip Training 10:00-11:00a Circuit/Equip Training 11:00a-3:00p Circuit/Equip Training 10:00-1:00p Circuit/Equip Training 10:00-1:00a Circuit/Equip Training 10:00-1:00a Circuit/Equip Training 10:00-1:00a Circuit/Equip Training 11:00a-3:00p Line Dancing for Everyone 1:00-2:00p What Is MY Purpose? 10:00-3:00p Line Dancing for Everyone 1:00-4:00p Purpon Art 1:00-4:00p P						
10:00a-12:00n Art Journaling 10:15-11:15 a Let's Have a Ball (Rec. center) 10:30-11:45a Toditional Exercise 10:30-11:45a Bitchday Celebration 10:01:5-11:15 A Taditional Exercise 11:15a-11:5p Make & Take (Beg./Intermediate) 11:30a-12:30p Balance with Don 10:30-11:45a DeLeon Music 11:00a-1:00p Bunco 11:00a-2:00p Circuit/Equip Training 12:00-1:00p Circuit/Equip Training 10:30-11:45a DeLeon Music 12:00-1:00p Sewing Class 10:02-0:00p Circuit/Equip Training 10:02-1:00p Circuit/Equip Training 10:30-11:45a DeLeon Music 1:00-2:00p Vinat Is My Purpose? 10:02-0:00p What Is My Purpose? 10:02-0:00p Micraing Ior Everyone 10:02-0:00p Makigating Girf 10:02-0:00p Decoupage Art 1:00-3:00p Line Dancing for Everyone 1:30-3:30p Poga 10:02-0:00p Micraing Ior Everyone 10:02-0:00p Make & Take (Advanced) 1:00-0:00p Meditation 4:00-5:00p Ripped Muscle Resistance 0:08-0:00p Riake & Take (Advanced) 10:03-0:00p Exercise 10:03-0:00p Exercise 1:00-0:00p Meditation 4:00-5:00p Ripped Muscle Resistance 10:03-0:00p Exercise 10:03-0:00p Exercise 10:03-0:00p Exercise 1:00-3:00p Line Dancing for Everyone 10:03-0:00p Exercise 10:03-0:00p Exercise 10:03-0:00p Exercise 10:03-0:00p Exercise 1:00-0:00p Meditation 4:00-5:00p Ripped Muscle Resistance <td></td> <td></td> <td></td> <td></td> <td>10:15-11:15a I raditional Exercise</td>					10:15-11:15a I raditional Exercise	
10:15-11:15a Traditional Exercise 11:15a-11:15p Make & Take (Beg./Intermediate) 11:30a-12:30p Balance with Don 10:00-11:00a Strength Training with Weights 10:30a-11:45a DeLeon Music 11:00a-100p Bunco 12:00-100p Circuit/Equip Training 11:30a-12:30p Balance with Don 12:00-100p Circuit/Equip Training 10:00-11:00p Strong 10:00-11:00p Strong 10:00-11:00p Strong 10:00-11:00p Strong 10:00-11:00p Strong 12:00-100p Strong 10:00-11:00p Strong 10:00-11:00p Strong 12:00-100p Strong 10:00-11:00p Strong 12:00-100p Strong 10:00-100p Strong 10:00-100p Strong 10:00-100p Strong 10:00-100p Strong 10:00-100p Strong 10:00-100p Strong	5.00a-12.000 Mexican Train			10:00-11:00a Grief Support		
11:00a-1:00p Bunco 12:00n-1:00p Circuit Training 11:20a-1:00p Circuit Training 12:00n-1:00p Circuit Training 12:00-1:00p Circuit Training 12:00n-1:00p Circuit Training 12:00-1:00p Circuit Training 12:00-1:00p Circuit Training 1:00-3:00p Line Dancing for Everyone 1:00-3:00p Line Dancing for Everyone 1:00-3:00p Line Dancing for Everyone 2:00-3:00p Meditation 4:00-5:00p Rize LineDance for Everyone 3:00-4:00p PM Ceramics 1:00-3:00p Line Dancing for Everyone 3:00-5:00p SlowPace LineDance for Everyone 3:00-4:00p Midtation 4:00-5:00p Rize LineDance 1:00-3:00p Line Dancing for Everyone 3:00-0:4:00p Meditation 4:00-5:00p Rize LineDance for Everyone 3:00-6:00p Make & Take (Advanced) 3:00-5:00p SlowPace 9:00-1:00a Book Ciub 4:00-5:00p Rize Meditation 4:00-5:00p Rize Meditation 1:00-3:00p Line Dancing for Everyone 9:00-1:00a Book Ciub 4:00-5:00p Rize Meditation 4:00-5:00p R					10:30-11:45a DeLeon Music	
12:30-5:00p Sewing Class 1:00-2:00p What IS MY Purpose? 1:00-3:00p Lice Dancing for Everyone 1:00-3:00p Lice Dancing for Everyone 1:00-3:00p Lice Dancing for Everyone 1:00-3:00p Lice Dancing for Everyone 1:00-3:00p Lice Dancing for Everyone 2:00-3:00p Navigating Grief 2:00-3:00p Navigating Grief 2:00-3:00p Lice Dancing for Everyone 2:00-3:00p KlowPace LineDance for Everyone 3:00-5:00p Aerobic Kickboxing 4:00-5:00p Ripped Muscle Resistance 1:00-3:00p Lice Dancing for Everyone 3:00-5:00p Ripped Muscle Resistance 1:00-3:00p Lice Dancing for Everyone 1:00-3:00p Lice Dancing for Everyone	11:00a-1:00p Bunco	12:00n-1:00p Circuit Training	12:00-4:00p Bridge	11:45a-12:45p Balance with Don	12:00n-1:00p& 1:00-2:00p Circuit/Equip Training	
1:00-3:00p Zendoodling 1:00-3:00p Line Dancing for Everyone 1:00-3:00p Line Dancing for Everyone 1:00-3:00p Zendoodling 1:00-3:00p Line Dancing for Everyone 1:00-3:00p Line	12:00-1:00& 1:00-2:00p Circuit/Equip Training	12:30-4:00p Interm./Advanced Hand&Foot	12:30-3:30p Chess	12:30-4:00p Mexican Train	12:15-4:00p Bridge	
1:00-3:00p 2500 Card Game 1:30-2:30p Traditional Exercise 1:15-2:15p Vinyasa Yoga 1:30-2:30p Traditional Exercise 1:30-3:30p Line Dancing for Everyone 1:30-3:30p Line Dancing for Everyone 2:30-3:30p Yoga 1:30-2:30p Traditional Exercise 1:30-3:30p Line Dancing for Everyone 2:30-3:30p Navigating Grief 2:30-3:30p Yoga 1:30-2:30p Traditional Exercise 1:30-3:30p Line Dancing for Everyone 3:30-5:00p SlowPace LineDance for Everyone 3:30-4:30p Aerobic Kickboxing 4:00-5:00p Riaroke Basics 1:30-3:30p Line Dancing for Everyone 3:30-5:00p SlowPace LineDance for Everyone 3:30-4:30p Aerobic Kickboxing 4:00-5:00p Riaroke Basics 1:30-3:30p Line Dancing for Everyone 8:00-8:36a Walking Workout (at Rec. Center) 8:30-8:00p Karaoke Night 4:00-5:00p Rippled Muscle Resistance 1:30-3:30p Line Dancing for Everyone 9:00-1:00a Book Club 9:00-1:00a Book Club 9:00-1:00a Book Club Vorte: This CALENDAR DOES 9:00-1:00a Dance Aerobics (RecCtr) 9:00-1:00a Strength Training with Weights Vorte: This CALENDAR DOES 9:00-1:00a Strength Training with Weights ************************************		1:00-2:00p What Is My Purpose?			12:30-4:00p Interm./Advanced Hand&Foot	
1:30-3:30p Line Dancing for Everyone 2:00-4:00p Decoupage Art 4:00-5:00p Tai Chi Beyond Basics 2:30-3:30p Yoga 3:00-5:00p Basic Acrylic Landscape Painting 2:00-3:00p Nevigating Grief 2:30-3:30p Yoga 3:00-6:00p Make & Take (Advanced) 3:00-5:00p Basic Acrylic Landscape Painting 3:00-5:00p SlowPace LineDance for Everyone 3:00-4:00p Ripped Muscle Resistance 4:00-5:00p Tai Chi Beyond Basics 2:00-3:00p Yoga 3:00-6:00p Make & Take (Advanced) 3:00-5:00p Basic Acrylic Landscape Painting 8:00-8:45a Walking Workout (at Rec. Center) 4:00-5:00p Ripped Muscle Resistance 4:00-5:00p Tai Chi Beyond Basics 2:00-3:00p Yoga 3:00-6:00p Make & Take (Advanced) 3:00-5:00p Basic Acrylic Landscape Painting 9:00-8:45a Walking Workout (at Rec. Center) 8:00-9:30a Tai Chi Beginning Basics 9:00-10:00 Begic Couples Western Dance 7:30-10:00p Western Dance 9:00-10:00 Bonc Club 9:00-10:00 Bonc Acrobics (RecCtr) 9:00-10:00 Bonc Acrobics (RecCtr) NOTE: THIS CALENDAR DOES 9:00-11:00 Dance Acrobics (RecCtr) 9:00-11:00 Astrength Training with Weights Acrobic Mathematical Acrivities Acrobic Mathematical Acrobics Acrobic Mathematical Acrobics Acrobic Mathematical Acrivities			1:15-2:15p Vinvasa Yoga			
2:00-3:00b Navigating Grief 2:30-3:30b Yoga 2:30b Active LineDance for Everyone 3:30-4:30b Arenbic Kickboxing 4:00-5:00b Righed Muscle Resistance 4:00	1:30-3:30p Line Dancing for Everyone		4:00-5:00p Tai Chi Beyond Basics	2:30-3:30p Yoga	3:00-5:00p Basic Acrylic Landscape Painting	
4:00-5:00p Meditation 4:00-5:00p Repred Muscle Resistance 7:30-10:00p Western Dance Monday - March 31 8:00-8:45a Walking Workout (at Rec. Center) 8:00-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9:00-10:00a Book Club 9:00-10:00a Dance Aerobics (RecCtr) 9:00-11:00a Drop-in Ping Pong (TransitBldg) NOTE: THIS CALENDAR DOES 9:00-12:00n Mexican Train 0:00-11:00a Strength Training with Weights THE MARCH LUINCH MENU NOTE: THE SCALENDAR DOES	2:00-3:00p Navigating Grief	2:30-3:30p Yoga	5:00-8:00p Karaoke Night	3:00-6:00p Make & Take (Advanced)	3:30-5:00p SlowerPace LineDancing for Everyone	
Monday - March 31 8:00-8:45a Walking Workout (at Rec. Center) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Book Club 9:00-10:00a Dance Aerobics (RecCtr) 9:00-11:00a Dance Aerobics (RecCtr) 9:00-12:00n Mexican Train 9:00-12:00n Mexican Training with Weights				4:00-5:00p Rippled Muscle Resistance	5:00-7:00p Beg.Couples Western Dance	
8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9:00-10:00a Dance Aerobics (RecCtr) 9:00-11:00a Dance Aerobics (RecCtr) 9:00-10:00a Dance		4.00-5.00p Kipped Wuscle Resistance			7.50-10:00p western Dance	
8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Bonk Club 9:00-10:00a Bonk Club 9:00-10:00a Drop-in Ping Pong (TransitBldg) 9:00-11:00a Strength Training with Weights	8:00-8:45a Walking Workout (at Rec. Center)					
9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Dance Aerobics (RecCtr) 9:00-11:00a Dance Aerobics (RecCtr) 9:00-11:00a Droc-in Ping Pong (TransitBldg) 9:00-12:00n Mexican Train 9:00-11:00a Strength Training with Weights Exercise Strength Training with Weights	8:30-9:30a Tai Chi Beginning Basics					
9:00-10:00a Book Club 9:00-10:00a Dance Aerobics (RecCtr) 9:00-11:00a Drop-in Ping Pong (TransitBidg) 9:00a-12:00n Mexican Train 10:00-11:00a Strength Training with Weights	9:00-10:00a Gentle Stretch Exercise	ľ ľ	El El El	Start Start Start		
9:00-11:00a Drop-in Ping Pong (TransitBldg) 9:00a-12:00n Mexican Train 10:00-11:00a Strength Training with Weights	9:00-10:00a Book Club					
9:00a-12:00n Mexican Train 4 Constraints 4 C	9:00-10:00a Dance Aerobics (RecCtr)		AL MARKEN STOR		NOTE: THIS CALENDAR DOES	
10:00-11:00a Strength Training with Weights SENIOR CENTER.	9:00-11:00a Drop-in Fing Pong (TransitBldg)	THE MARCH LUNCH MENU				
	10:00-11:00a Strength Training with Weights					
10:00a-12:00n Art Journaling	10:00a-12:00n Art Journaling	IS ANALIANT FOR DICK UP				
10:15-11:15a Traditional Exercise IS AVAILABLE FOR PICK UP		IS AVAILABLE FOR PICK UP				
11:00a-1:00p Bunco 12:00-1:00& 1:00-2:00p Circuit/Equip Training	11:00a-1:00p Bunco 12:00-1:00& 1:00-2:00p Circuit/Equip Training					
	1:00-3:00p Zendoodling					
1:00-3:00p 2500 Card Game	1:00-3:00p 2500 Card Game					
1:30-3:30p Line Dancing for Everyone	1:30-3:30p Line Dancing for Everyone					
2:00-3:00p Navigating Grief 3:30-5:00p SlowPace LineDance for Everyone	2:00-3:00p Navigating Grief					
3:30-5:00p SlowPace LineUance for Everyone 4:00-5:00p Meditation	4:00-5:00p SlowPace LineDance for Everyone					