Calendar of Activities - January 2025				
		Wednesday - January 1	Thursday - January 2	Friday - January 3
			7:00-8:00a Zumba Chair	8:00-8:45a Zumba Gold for Beginners
			8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics	9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba Gold for Non-Beginners
NOTE: THIS CALENDAR	THE JANUARY LUNCH		9:00-11:00a Memoir Writing Class	10:15-11:15a Traditional Exercise
DOES		·IIanDU	10:00-11:00a Dance Aerobics	10:15a-12:15p Knitting / Crochet Group
NOT INCLUDE ALL	MENU	Happy	10:00a-12:00n Advanced Watercolor 12:00n-1:00p Circuit/Equipment Training	10:30-11:45a DeLeon Music 12:00n-1:00p& 1:00-2:00p Circuit/Equip Training
ACTIVITIES & EVENTS	IS AVAILABLE FOR	VEAR	12:30-4:00p Mexican Train	12:00n-4:00p Bridge
OFFERED AT THE	PICK UP	NFW YLA	1:00-3:00p Beg. Western Line Dance	12:30-4:00p Interm./Advanced Hand&Foot
SENIOR CENTER.	AT THE FRONT	- 11, , , , ,	1:30-2:30p Traditional Exercise 2:30-3:30p Yoga	1:30-3:00p Beg. Western Line Dance 3:00-5:00p Pre-Beginning Line Dance
SEE THE NEWSLETTER	COUNTER.		3:00-6:00p Make & Take 2	5:00-7:00p Beg.Couples Western Dance
FOR ADDITIONAL			3:15-5:15p Drop-in Ping Pong	7:00-7:30p Western Dance Lesson
INFORMATION.			6:00-7:00p Senior Tabata	7:30-10:00p Western Dance
INI ONMATION.		NEW YEARS DAY	1	
		SENIOR CENTER CLOSED		
Monday - January 6	Tuesday - January 7	Wednesday - January 8	Thursday - January 9	Friday - January 10
8:00-8:45a Walking Workout (at Rec. Center)		6:00-6:30a Fast Fitness	6:00-6:30a Fast Fitness	8:00-8:45a Zumba Gold for Beginners
8:30-9:30a Tai Chi Beginning Basics	8:30-11:30a Pinochle	8:00-8:45a Zumba Gold for Beginners	7:00-8:00a Zumba Chair	9:00-10:00a Gentle Stretch Exercise
9:00-10:00a Gentle Stretch Exercise	9:00-10:00a Zumba Gold (Rec. Center)	9:00-10:00a Gentle Stretch Exercise	8:00-8:45a Walking Workout	9:00-10:00a Zumba Gold for Non-Beginners
9:00-10:00a Book Club 9-10:00& 10-11:00a Dance Aerobics (RecCtr)	9:00-10:00a Book Club	9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Drop-in Ping Pong (on patio)	9:00-10:00a Dance Aerobics 9:00-11:00a Memoir Writing Class	9:00-11:00a Gelli Plate 10:15-11:15a Traditional Exercise
9:00a-12:00n Mexican Train	9:00a-12:00a Native American History	9:00a-12:00n Drop-In Crafters	10:00-11:00a Memoir Writing Class	10:15a-12:15p Knitting / Crochet Group
10:00a-12:00n Beg./Intermediate Watercolor	10:00-11:00a Peer Support	9:30a-12:30p AM Ceramics	10:00a-12:00n Advanced Watercolor	10:30-11:45a DeLeon Music
10:00a-12:00n Drop-in Ping Pong	10:00-11:00a Bingo	10:15-11:15a Traditional Exercise	12:00n-1:00p Circuit/Equipment Training	12:00n-1:00p& 1:00-2:00p Circuit/Equip Training
10:15-11:15a Traditional Exercise 11:00a-1:00p Bunco	10:00a-12:00n American Mah-jongg 10:15-11:15a Let's Have a Ball (Rec. Center)	10:30-11:45a Top Dollar Music 11:30a-12:30p Balance with Don	12:30-4:00p Mexican Train 1:00-3:00p Beg. Western Line Dance	12:00n-4:00p Bridge 12:30-4:00p Interm./Advanced Hand&Foot
12:00-1:00& 1:00-2:00p Circuit/Equip Training	11:15a-1:15p Make & Take 1	12:00-4:00p Bridge	1:30-2:30p Traditional Exercise	1:30-3:00p Beg. Western Line Dance
12:30-5:00p Sit & Sew	12:30-4:00p Interm./Advanced Hand&Foot	12:30-3:30p Chess	2:30-3:30p Yoga	3:00-5:00p Pre-Beginning Line Dance
1:00-3:00p Beginning Drawing 1:00-3:00p 2500 Card Game	1:00-2:00p What Is My Purpose? 1:00-3:00p Beg. Western Line Dance	1:00-4:00p PM Ceramics 1:00-4:30p Beginning Hand & Foot	3:00-6:00p Make & Take 2 3:15-5:15p Drop-in Ping Pong	5:00-7:00p Beg.Couples Western Dance 7:00-7:30p Western Dance Lesson
1:30-3:00p 2500 Card Game 1:30-3:00p Beg. Western Line Dance	1:30-3:00p Beg. Western Line Dance	1:15-2:15p Vinyasa Yoga	6:00-7:00p Senior Tabata	7:30-10:00p Western Dance Lesson
2:00-3:00p Navigating Grief	2:00-4:00p Decoupage	4:00-5:00p Tai Chi Beyond Basics		
3:00-5:00p Pre-Beginning Line Dance	2:30-3:30p Yoga	5:00-8:00p Karaoke Night		
7:00-9:00p Intermediate Couples Dance Monday - January 13	5:00-7:00p Posh Decorating Tuesday - January 14	5:30-6:30p Aromatherapy Wednesday - January 15	Thursday - January 16	Friday - January 17
8:00-8:45a Walking Workout (at Rec. Center)	6:00-6:30a Fast Fitness	6:00-6:30a Fast Fitness	6:00-6:30a Fast Fitness	8:00-8:45a Zumba Gold for Beginners
8:30-9:30a Tai Chi Beginning Basics	8:30-11:30a Pinochle	8:00-8:45a Zumba Gold for Beginners	7:00-8:00a Zumba Chair	9:00-10:00a Gentle Stretch Exercise
9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Book Club	9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club	9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba Gold for Non-Beginners	8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics	9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate
9-10:00& 10-11:00a Dance Aerobics (RecCtr)	9:00-11:00a Native American History	9:00-11:00a Drop-in Ping Pong (on patio)	9:00-12:00p <b>JOLLY TIMES</b>	10:15-11:15a Traditional Exercise
9:00a-12:00n Mexican Train	9:00a-12:00n Drop-in Ping Pong	9:30a-12:30p AM Ceramics	10:00-11:00a Dance Aerobics	10:15a-12:15p Knitting / Crochet Group
10:00a-12:00n Beg./Intermediate Watercolor	10:00-11:00a Peer Support	10:15-11:15a Traditional Exercise 10:30-11:45a Top Dollar Music	10:00a-12:00n Advanced Watercolor	10:30-11:45a DeLeon Music
10:00a-12:00n Drop-in Ping Pong 10:15-11:15a Traditional Exercise	10:00-11:00a Bingo 10:00a-12:00n American Mah-jongg	11:30a-12:30p Balance with Don	12:00n-1:00p Circuit/Equipment Training 12:30-4:00p Mexican Train	12:00n-1:00p& 1:00-2:00p Circuit/Equip Training 12:00n-4:00p Bridge
11:00a-1:00p Bunco	10:15-11:15a Let's Have a Ball (Rec. Center)	12:00-4:00p Bridge	1:00-3:00p Beg. Western Line Dance	12:30-4:00p Interm./Advanced Hand&Foot
12:00-1:00& 1:00-2:00p Circuit/Equip Training	11:15a-1:15p Make & Take 1	12:30-3:30p Chess	1:30-2:30p Traditional Exercise	1:30-3:00p Beg. Western Line Dance
12:30-5:00p Sewing Class 1:00-3:00p Beginning Drawing	12:30-4:00p Interm./Advanced Hand&Foot 1:00-2:00p What Is My Purpose?	1:00-3:00p Frugal Living 1:00-4:00p PM Ceramics	2:30-3:30p Yoga 3:00-6:00p Make & Take 2	3:00-5:00p Pre-Beginning Line Dance 5:00-7:00p Beg.Couples Western Dance
1:00-3:00p 2500 Card Game	1:00-3:00p Beg. Western Line Dance	1:00-4:30p Beginning Hand & Foot	3:15-5:15p Drop-in Ping Pong	7:00-7:30p Western Dance Lesson
1:30-3:00p Beg. Western Line Dance	1:30-2:30p Traditional Exercise	1:15-2:15p Vinyasa Yoga	6:00-7:00p Senior Tabata	7:30-10:00p Western Dance
2:00-3:00p Navigating Grief 3:00-5:00p Pre-Beginning Line Dance	2:00-4:00p Decoupage 2:30-3:30p Yoga	4:00-5:00p Tai Chi Beyond Basics 5:00-8:00p Karaoke Night		
7:00-9:00p Intermediate Couples Dance	5:00-7:00p Posh Decorating	5:30-6:30p Aromatherapy		
Monday - January 20	Tuesday - January 21	Wednesday - January 22	Thursday - January 23	Friday - January 24
	6:00-6:30a Fast Fitness 8:00-10:00a Newsletter Folding	6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Gentle Stretch Exercise
* ***	8:30-11:30a Pinochle	9:00-10:00a Gentle Stretch Exercise	8:00-8:45a Walking Workout	9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba Gold for Non-Beginners
* The state of the	9:00-10:00a Zumba Gold (Rec. Center)	9:00-10:00a Zumba Gold for Non-Beginners	9:00-10:00a Dance Aerobics	9:00-11:00a Gelli Plate
THE PART OF THE PARTY OF THE PA	9:00-10:00a Book Club	9:00-11:00a Drop-in Ping Pong (on patio)	9:00-11:00a Memoir Writing Class	10:15-11:15a Traditional Exercise
MARTIN LUTHED	9:00-11:00a Native American History	9:30a-12:30p AM Ceramics	10:00-11:00a Dance Aerobics	10:15a-12:15p Knitting / Crochet Group
MARTIN LUTHER KING JR. DAY	10:00-11:00a Peer Support 10:00-11:00a Bingo	10:15-11:15a Traditional Exercise 10:30-11:45a Top Dollar Music	10:00-11:30a Grief Support 10:00a-12:00n Advanced Watercolor	10:30-11:45a DeLeon Music 12:00n-1:00p& 1:00-2:00p Circuit/Equip Training
WING IR! DAV	10:00a-12:00n American Mah-jongg	11:30a-12:30p Balance with Don	12:00n-1:00p Circuit/Equipment Training	12:00n-4:00p Bridge
	10:15-11:15a Let's Have a Ball (Rec. Center) 11:15a-1:15p Make & Take 1	12:00-4:00p Bridge	12:30-4:00p Mexican Train	12:30-4:00p Interm./Advanced Hand&Foot 1:30-3:00p Beg. Western Line Dance
* The state of the	11:15a-1:15p Make & Take 1 12:30-4:00p Interm./Advanced Hand&Foot	12:30-3:30p Chess 1:00-3:00p Frugal Living	1:00-3:00p Beg. Western Line Dance 1:30-2:30p Traditional Exercise	1:30-3:00p Beg. Western Line Dance 3:00-5:00p Pre-Beginning Line Dance
XXX	1:00-2:00p What Is My Purpose?	1:00-4:00p PM Ceramics	2:30-3:30p Yoga	5:00-7:00p Beg.Couples Western Dance
	1:00-3:00p Beg. Western Line Dance	1:00-4:30p Beginning Hand & Foot	3:00-6:00p Make & Take 2	7:00-7:30p Western Dance Lesson
	1:30-2:30p Traditional Exercise 2:00-4:00p Decoupage	1:15-2:15p Vinyasa Yoga 4:00-5:00p Tai Chi Beyond Basics	3:15-5:15p Drop-in Ping Pong 6:00-7:00p Senior Tabata	7:30-10:00p Western Dance
MARTINI LITHED KING ID DAV		T.00-0.00p rai Oni DeyOnd Dasics	0.00 1.00p Octilor Tabata	
MARTIN LUTHER KING JR. DAY SENIOR CENTER CLOSED	2:30-3:30p Yoga	5:00-8:00p Karaoke Night		
SENIOR CENTER CLOSED	2:30-3:30p Yoga 5:00-7:00p Posh Decorating	5:30-6:30p Aromatherapy		
SENIOR CENTER CLOSED  Monday - January 27	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday - January 28	5:30-6:30p Aromatherapy Wednesday - January 29	Thursday - January 30	Friday - January 31 8:00-8:45a Zumba Gold for Regioners
SENIOR CENTER CLOSED  Monday - January 27 8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics	2:30-3:30þ Yoga 5:00-7:00p Posh Decorating Tuesday - January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle	5:30-6:30p Aromatherapy  Wednesday - January 29 6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners
SENIOR CENTER CLOSED  Monday - January 27 8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday - January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center)	5:30-6:30p Aromatherapy  Wednesday - January 29  6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate
SENIOR CENTER CLOSED  Monday - January 27  8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:008 10-11:00a Dance Aerobics (RecCtr)	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday- January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00b Book Club	5:30-6:30p Aromatherapy  Wednesday - January 29  6:00-6:30a Fast Fitness  8:00-8:45a Zumba Gold for Beginners  9:00-10:00a Zumba Gold for Non-Beginners  9:00-11:00a Drop-in Ping Pong (on patio)	ls:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Knitting / Crochet Group
SENIOR CENTER CLOSED  Monday - January 27 8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday - January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center)	5:30-6:30p Aromatherapy  Wednesday - January 29  6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Memoir Writing Class 10:00-11:00a Dance Aerobics	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate
SENIOR CENTER CLOSED  Monday - January 27  8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:00& 10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00h Mexican Train 10:00a-12:00h Beg./Intermediate Watercolor 10:00a-12:00h Drop-in Ping Pong	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday- January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club 9:00-11:00a Native American History 10:00-11:00a Brigo	5:30-6:30p Aromatherapy  Wednesday - January 29  6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners 9:00-11:00a Zumba Gold for Non-Beginners 9:00-11:00a Drop-in Ping Pong (on patio) 9:30a-12:30p AM Ceramics 10:30-11:45a Top Dollar Music 12:00-4:00p Bridge	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Dance Aerobics 10:00-11:00a Dance Aerobics 10:00-11:00a Grief Support	8:00-8:45a Zumba Gold for Beginners 9:00-10:00 Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Kritting / Crochet Group 10:30-11:45a DeLeon Music 12:00-4:00p Bridge 12:304-100 p Interm/Advanced Hand&Foot
SENIOR CENTER CLOSED  Monday - January 27  8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:008. 10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00n Mexican Train 10:00a-12:00n Drop-in Ping Pong 11:00a-12:00b Junco	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday - January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club 9:00-11:00a Native American History 10:00-11:00a Peer Support 10:00-11:00a Bingo 10:00a-12:00a American Mah-iongg	5:30-6:30p Aromatherapy  Wednesday - January 29 6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Zumba Gold for Non-Beginners 9:00-11:00a Drop-in Ping Pong (on patio) 9:30a-12:30p AM Ceramics 10:30-11:45a Top Dollar Music 12:00-4:00p Bridge 12:30-3:30p Chess	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Memoir Writing Class 10:00-11:00a Dance Aerobics 10:00-11:00a Dance Aerobics 10:00-11:00a Dance Aerobics	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Knitting / Crochet Group 10:30-11:45a DeLeon Music 12:00n-4:00p Bridge 12:30-4:00p Bridge 12:30-3:00p Beg. Western Line Dance
SENIOR CENTER CLOSED  Monday - January 27  8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:00& 10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00n Mexican Train 10:00a-12:00n Beg./Intermediate Watercolor 10:00a-12:00p Drop-in Ping Pong 11:00a-10:00p Bunco 12:30-5:00p Sewing Class 1:00-3:000 Beginning Drawing	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday - January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club 9:00-11:00a Native American History 10:00-11:00a Peer Support 10:00-11:00a Bingo 10:00a-12:00a American Mah-iongg	5:30-6:30p Aromatherapy  Wednesday - January 29  6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Drop-in Ping Pong (on patio) 9:30a-12:30p AM Ceramics 10:30-11:45a Top Dollar Music 12:00-4:00p Bridge 12:30-3:30p Chess 1:00-3:00p Fuqaal Living	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Dance Aerobics 10:00-11:00a Dance Aerobics 10:00-11:00a Grief Support	8:00-8:45a Zumba Gold for Beginners 9:00-10:00 Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Knitting / Crochet Group 10:30-11:45a DeLeon Music 12:00n-4:00p Bridge 12:30-4:00p Interm/Advanced Hand&Foot 1:30-3:00p Beg. Western Line Dance 3:00-5:00p Pre-Beginning Line Dance 5:00-7:00b Beg. Cyuples Western Dance
SENIOR CENTER CLOSED  Monday - January 27  8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:008 10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00n Mexican Train 10:00a-12:00n Drop-in Ping Pong 11:00a-12:00n Drop-in Ping Pong 11:00a-1:00p Bunco 12:30-5:00p Sewing Class 1:00-3:00p Beginning Drawing 1:00-3:00p 2500 Card Game	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday-January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club 9:00-11:00a Native American History 10:00-11:00a Peer Support 10:00-11:00a Bingo 10:00a-12:00n American Mah-jongg 10:00a-12:00n American Mah-jongg 11:15a-1:15b Let's Have a Ball (Rec. Center) 11:15a-1:15p Make & Take 1 12:30-4:00p Interm./Advanced Hand&Foot	5:30-6:30p Aromatherapy  Wednesday - January 29  6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Drop-in Ping Pong (on patio) 9:30a-12:30p AM Ceramics 10:30-11:45a Top Dollar Music 12:00-4:00p Bridge 12:30-3:30p Chess 1:00-3:00p Frugal Living 1:00-4:00p PM Ceramics 1:00-4:00p Bodipen Hand & Foot	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Dance Aerobics 10:00-11:00b Grief Support 10:00-11:00b Grief Support Group 10:00a-12:00h Dementia Support Group 10:00a-12:00h Advanced Watercolor 12:30-4:00p Mexican Train 1:00-3:00p Beg. Western Line Dance	8:00-8:45a Zumba Gold for Beginners 9:00-10:00 Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Knitting / Crochet Group 10:30-11:45a DeLeon Music 12:00-4:00p Bridge 12:30-4:00p Interm./Advanced Hand&Foot 1:30-3:00p Interm./Advanced Hand&Foot 1:30-3:00p Pre-Beginning Line Dance 5:00-7:00p Beg. Couples Western Dance 7:00-7:30p Western Dance Lesson
SENIOR CENTER CLOSED  Monday - January 27 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:00a Book Club 9-10:00a 12:00n Mexican Train 10:00a-12:00n Mexican Train 10:00a-12:00n Drop-in Ping Pong 11:00a-1:00p Bunco 12:30-5:00p Sewing Class 1:00-3:00p Beginning Drawing 1:00-3:00p Beginning Drawing 1:00-3:00p Begond Card Game 1:30-3:00p Beg Mexican Line Dance	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday- January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Dinochle 9:00-10:00a Book Club 9:00-11:00a Native American History 10:00-11:00a Bingo 10:00a-12:00n American Mah-jong 10:00a-12:00n American Mah-jong 10:51-11:15a Let's Have a Ball (Rec. Center) 11:15a-1:15p Make & Take 1 12:30-4:00p Interm./Advanced Hand&Foot 1:00-2:00p What Is My Purpose?	5:30-6:30p Aromatherapy  Wednesday - January 29 6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Zumba Gold for Non-Beginners 9:00-11:00a Drop-in Ping Pong (on patio) 9:30a-12:30p AM Ceramics 10:30-11:45a Top Dollar Music 12:00-4:00p Bridge 12:30-3:30p Chess 1:00-3:00p Frugal Living 1:00-4:00p PM Ceramics 1:00-4:30p Beginning Hand & Foot 4:00-5:00p Tai Chi Beyond Basics	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Memoir Writing Class 10:00-11:00a Grief Support 10:00-11:00a Grief Support 10:00-11:00a Grief Support 10:00-11:00a Pamentia Support Group 10:00a-12:00n Advanced Watercolor 12:30-4:00p Mexican Train 1:00-3:00p Beg. Western Line Dance 3:15-5:15p Top-in Ping Pong	8:00-8:45a Zumba Gold for Beginners 9:00-10:00 Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Knitting / Crochet Group 10:30-11:45a DeLeon Music 12:00n-4:00p Bridge 12:30-4:00p Interm./Advanced Hand&Foot 1:30-3:00p Beg. Western Line Dance 3:00-5:00p Pre-Beginning Line Dance 5:00-7:00b Beg. Cyuples Western Dance
SENIOR CENTER CLOSED  Monday - January 27  8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:008 10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00n Mexican Train 10:00a-12:00n Begintermediate Watercolor 10:00a-12:00n Brunco 11:00a-12:00p Brunco 11:00a-10:00p Brunco 11:00a-10:00p Brunco 11:00-3:00p Beginning Drawing 1:00-3:00p Sewing Class 1:00-3:00p 5500 Card Game 1:30-3:00p Beg. Western Line Dance 2:00-3:00p Navigating Grief	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday- January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club 9:00-11:00a Native American History 10:00-11:00a Peer Support 10:00-11:00a Bingo 10:00a-12:00a Peer Support 10:15-11:15a Let's Have a Ball (Rec. Center) 11:15a-1:15p Make & Take 1 12:30-4:00p Interm./Advanced Hand&Foot 1:00-2:00p What Is My Purpose? 1:00-3:00b Beg. Western Line Dance	5:30-6:30p Aromatherapy   Wednesday - January 29	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Dance Aerobics 10:00-11:00b Grief Support 10:00-11:00b Grief Support Group 10:00a-12:00h Dementia Support Group 10:00a-12:00h Advanced Watercolor 12:30-4:00p Mexican Train 1:00-3:00p Beg. Western Line Dance	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Knitting / Crochet Group 10:30-11:45a DeLeon Music 12:00-4:00p Bridge 12:30-4:00p Interm./Advanced Hand&Foot 1:30-3:00p Interm./Advanced Hand&Foot 1:30-3:00p Pre-Beginning Line Dance 5:00-7:00p Beg. Couples Western Dance 7:00-7:30p Western Dance Lesson
SENIOR CENTER CLOSED  Monday - January 27 8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:00a 10:00a Dance Aerobics (RecCtr) 9:00a-12:00h Mexican Train 10:00a-12:00h Beg./Intermediate Watercolor 10:00a-12:00n Drop-in Ping Pong 11:00a-1:00p Bunco 12:30-5:00p Sewing Class 1:00-3:00p Sewing Class 1:00-3:00p Beginning Drawing 1:00-3:00p Beg Western Line Dance	2:30-3:30p Yoqa 5:00-7:00p Posh Decorating Tuesday- January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club 9:00-11:00a Native American History 10:00-11:00a Peer Support 10:00-11:00a Bingo 10:00a-12:00n American Mah-jongg 10:15-11:15a Let's Have a Ball (Rec. Center) 11:15a-11:15p Make & Take 1 11:30a-4:00p Interm:/Advanced Hand&Foot 1:00-2:00p What Is My Purpose? 1:00-3:00p Beg. Western Line Dance 2:00-4:00p Decoupage 5:00-7:00p Posh Decorating	5:30-6:30p Aromatherapy  Wednesday - January 29 6:00-6:30a Fast Fitness 8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Zumba Gold for Non-Beginners 9:00-11:00a Drop-in Ping Pong (on patio) 9:30a-12:30p AM Ceramics 10:30-11:45a Top Dollar Music 12:00-4:00p Bridge 12:30-3:30p Chess 1:00-3:00p Frugal Living 1:00-4:00p PM Ceramics 1:00-4:30p Beginning Hand & Foot 4:00-5:00p Tai Chi Beyond Basics	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Memoir Writing Class 10:00-11:00a Grief Support 10:00-11:00a Grief Support 10:00-11:00a Grief Support 10:00-11:00a Pamentia Support Group 10:00a-12:00n Advanced Watercolor 12:30-4:00p Mexican Train 1:00-3:00p Beg. Western Line Dance 3:15-5:15p Top-in Ping Pong	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Knitting / Crochet Group 10:30-11:45a DeLeon Music 12:00-4:00p Bridge 12:30-4:00p Interm./Advanced Hand&Foot 1:30-3:00p Interm./Advanced Hand&Foot 1:30-3:00p Pre-Beginning Line Dance 5:00-7:00p Beg. Couples Western Dance 7:00-7:30p Western Dance Lesson
SENIOR CENTER CLOSED  Monday - January 27 8:309-30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:00k 10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00h Beg./Intermediate Watercolor 10:00a-12:00h Drop-in Ping Pong 11:00a-12:00h Drop-in Ping Pong 11:00a-1:00b Sewing Class 1:00-3:00p Sewing Class 1:00-3:00p Beginning Drawing 1:00-3:00p Beg. Western Line Dance 2:00-3:00p Navigating Grief 3:00-5:00p Per-Beginning Line Dance	2:30-3:30p Yoga 5:00-7:00p Posh Decorating Tuesday- January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club 9:00-11:00a Book Club 9:00-11:00a Book Club 0:00-11:00a Book Club 10:00-11:00a Book Club 10:00-11:00a Book Club 10:00-11:00a Book Club 10:00-11:00a Book Glub 10:00-11:00a Book Glub 10:00-11:00a Bingo 10:00a-12:00n American Mah-jongq 10:00a-12:00n American Mah-jongq 10:51-11:55 Let's Have a Ball (Rec. Center) 11:15a-1:15p Make & Take 1 12:30-4:00p Interm./Advanced Hand&Foot 1:00-2:00p What Is My Purpose? 1:00-3:00b Beq. Western Line Dance 2:00-4:00b Decoupage	5:30-6:30p Aromatherapy   Wednesday - January 29	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Memoir Writing Class 10:00-11:00a Grief Support 10:00-11:00a Grief Support 10:00-11:00a Grief Support 10:00-11:00a Pamentia Support Group 10:00a-12:00n Advanced Watercolor 12:30-4:00p Mexican Train 1:00-3:00p Beg. Western Line Dance 3:15-5:15p Top-in Ping Pong	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Knitting / Crochet Group 10:30-11:45a DeLeon Music 12:00-4:00p Bridge 12:30-4:00p Interm./Advanced Hand&Foot 1:30-3:00p Interm./Advanced Hand&Foot 1:30-3:00p Pre-Beginning Line Dance 5:00-7:00p Beg. Couples Western Dance 7:00-7:30p Western Dance Lesson
SENIOR CENTER CLOSED  Monday - January 27  8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9-10:00a 10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00n Mexican Train 10:00a-12:00n Beg./Intermediate Watercolor 10:00a-12:00n Drop-in Ping Pong 11:00a-1:00p Bunco 12:30-5:00p Sewing Class 1:00-3:00p Beginning Drawing 1:00-3:00p 2500 Card Game 1:30-3:00p Beg. Western Line Dance 2:00-3:00p Navigating Grief 3:00-5:00p Per-Beginning Line Dance	2:30-3:30p Yoqa 5:00-7:00p Posh Decorating Tuesday- January 28 6:00-6:30a Fast Fitness 8:30-11:30a Pinochle 9:00-10:00a Zumba Gold (Rec. Center) 9:00-10:00a Book Club 9:00-11:00a Native American History 10:00-11:00a Peer Support 10:00-11:00a Bingo 10:00a-12:00n American Mah-jongg 10:15-11:15a Let's Have a Ball (Rec. Center) 11:15a-11:15p Make & Take 1 11:30a-4:00p Interm:/Advanced Hand&Foot 1:00-2:00p What Is My Purpose? 1:00-3:00p Beg. Western Line Dance 2:00-4:00p Decoupage 5:00-7:00p Posh Decorating	5:30-6:30p Aromatherapy   Wednesday - January 29	6:00-6:30a Fast Fitness 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-11:00a Memoir Writing Class 10:00-11:00a Grief Support 10:00-11:00a Grief Support 10:00-11:00a Grief Support 10:00-11:00a Pamentia Support Group 10:00a-12:00n Advanced Watercolor 12:30-4:00p Mexican Train 1:00-3:00p Beg. Western Line Dance 3:15-5:15p Top-in Ping Pong	8:00-8:45a Zumba Gold for Beginners 9:00-10:00a Zumba Gold for Non-Beginners 9:00-11:00a Gelli Plate 10:15a-12:15p Knitting / Crochet Group 10:30-11:45a DeLeon Music 12:00-4:00p Bridge 12:30-4:00p Interm./Advanced Hand&Foot 1:30-3:00p Interm./Advanced Hand&Foot 1:30-3:00p Pre-Beginning Line Dance 5:00-7:00p Beg. Couples Western Dance 7:00-7:30p Western Dance Lesson