DECEMBER 2024 SENIOR MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Orange Chicken	Stuffed Bell Pepper	BBQ Pork Sandwich	Polish Sausage	Vegetable Chili
California Mixed Vegetables	Steamed Carrots	Hi C Salad	w/ Onion & Bell Peppers	Peas & Carrots
Brown Rice	Wheat Dinner Roll	Apricots	Potato Salad	Corn Muffin
Mandarin Orange	Cantaloupe Chunks		Pineapple Tidbits	Orange
9	10	11	12	13
Chicken Stir Fry	Beef & Vegetable Stew	Chicken Fajitas	Hot Dog on Wheat Bun	Beef Meatloaf w/ Gravy
Onion, Broccoli & Bell Peppers	California Mixed Vegetables	Shredded Cheese & Lettuce	Hi C Salad	Vegetable Medley
Brown Rice	Wheat Dinner Roll	Potato Soup	Macaroni Salad	Mashed Potatoes
Tropical Fruit	Mandarin Orange	Whole Grain Flour Tortilla	Apricots	Wheat Dinner Roll
		Honeydew Chunks		Orange
		Pudding		
16	17	18	19	20
Baked Chicken Drumstick	Beef Pepper Steak w/ Gravy	Pork Chili Verde	4.11	Tuna Salad Sandwich
Steamed Carrots	Onions & Bell Peppers	Hi C Salad	Jolly Jolly	On Wheat Bread
Brown Rice	California Mixed Vegetables	Refried Beans		Vegetable Soup
Mandarin Orange	Wheat Dinner Roll	Wheat Flour Tortilla	Times 🔭	Orange
	Cantaloupe Chunks	Apricots		
23	24		26	27
Santa Fe Chicken Thigh	Breaded Fish		Stuffed Bell Pepper	Beef Broccoli
Mashed Sweet Potatoes	Peas & Carrots		Vegetable Medley	Brown Rice
Wheat Dinner Roll	Brown Rice	Happy	Wheat Dinner Roll	Apricots
Tropical Fruit	Mandarin Oranges	Holidays)	Honeydew Chunks	Pudding
30	31			
Chicken Meatballs w/ Gravy	Beef Salisbury Steak w/ Gravy		Lunch reservation must be	
California Mixed Vegetables	Vegetable Medley	MENU IS SUBJECT TO	made at least 1 working day	HIGH SODIUM
Brown Rice	Mashed Potatoes	CHANGE WITHOUT	in advance by 11am. Please	MEAL
Orange	Wheat Dinner Roll	NOTICE	call 559-324-2750 to make a	A V.
TV.	Pineapple Tidbits		reservation or cancel lunch.	W W
- V. LL				14.

FUNDING THROUGH: FRESNO-MADERA AREA AGENCY ON AGING SENIORS 60 YEARS & OLDER SUGGESTED DONATION: \$2.50 NON-SENIOR RATE: \$6.27