		Calendar of Activities - April 2024		
Monday - April 1 8:00-8:45a Walking Workout (at Rec. Center)	Tuesday - April 2 6:00-6:45a Fast Fitness w/Beth	Wednesday - April 3 6:00-6:45a Fast Fitness w/Beth	Thursday - April 4 6:00-6:45a Fast Fitness w/Beth	Friday - April 5 6:00-6:45a - Fast Fitness w/ Beth
8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Book Club 9:00-10:00a Book Club 9:10:008, 10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00n Mexican Train 10:00a-12:00n Watercolor w/Deborah 10:15-11:15a Traditional Exercise 11:00a-1:00p Bunco 12:00-1:008, 1:00-2:00p Circuit/Equip Training 1:00-3:009 Beg. Western Line Dance	7:00-8:00a Zumba Chair 8:30-11:30a Pinochle 10:00-11:00a Peer Support w/Kelly 10:00-11:00a Bingo 12:30-4:00p Hand&Foot 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Tradi Exer. with Don 2:30-3:30p Toga with Don	0.00-01:00 a Gentle Stretch Exercise 9:00-10:00 a Gentle Stretch Exercise 9:00-12:00 Drop-in Crafters/Art - all types 10:00-11:00 a Grief Support with Regina 10:15-11:15a Traditional Exercise 10:30-11:45a Top Dollar Music 12:00-4:00p Bridge 1:00-4:00p Bridge 1:00-4:00p Grugal Living 1:00-4:00p Beginning Hand & Foot 4:00-5:00p Tai Chi Beyond Basics 5:00-8:00p Karaoke Night	 Cioo-a:Oa Zumba Chair Cioo-a:Oa Zumba Chair Cioo-a:Oa Zumba Chair Cioo-a:Oa Dance Aerobics Cioo-11:00a Drop-in Ping Pong Cioo-11:00a Dance Aerobics Cioo-11:00a Dance Aerobics Cioo-11:00p Circuit/Equipment Training Ci:30-2:300 Mexican Train Cioo-3:00p Bed. Western Line Dance Cioo-3:30p Yoga with Don Cioo-7:00p Senior Tabata 	9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Self Care with Ellie 10:00-11:00a Self Care with Ellie 10:30-11:45a DeLeon Music 12:00-4:00p Bridge 12:00-1:00& 1:00-2:00p Circuit/Equip Training 12:30-4:00p Hand&Foot 1:00-3:00p Hand&Foot 1:00-3:00p Decorative Cards 3:00-5:00p Dre-Beginning Line Dance 5:00-6:00p Pre-Beginning Line Dance 5:00-6:00p Meditation w/Kirk 5:00-7:00p Beg.Couples Western Dance 7:30-10:00p Western Dance
1:00-3:00p Beq. Western Line Dance 1:00-3:00p Beginning Drawing w/Deborah 1:15-3:15p 2500 Card Game/Hand&Foot 2:00-3:00p Navigating Grief w/Kelly 3:00-5:00p Beginning Hand&Foot 3:05-5:00p Pre-Beginning Line Dance 3:15-4:15p Meditation w/Kirk 5:30-7:30p Garden Painting	7:00-8:00a Zumba Chair 8:30-11:30a Pinochle 10:00-11:00a Peer Support w/Kelly 10:00-11:00a Bingo 12:30-4:00p Hand&Foot 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Trad! Exer: with Don 2:00-4:00p Decoupage Art w/Maxine 2:30-3:30p Deginning Karate with Kirk 6:00-7:00p Senior Tabata 6:30-8:00p Clovis Chorale	Wednesday - April 10 6:00-6:45a Fast Fitness w/Beth 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba Gold 9:00-12:00n Drop-in Crafters/Art - all types 10:00-11:00a Grief Support with Regina 10:00a-12:00p Morning Ceramics with Vickie 10:15-11:15a Traditional Exercise 10:30-11:45a Top Dollar Music 12:00-4:00p Bridge 1:00-2:30p Frugal Living 1:00-4:30p Beginning Hand & Foot 4:00-5:00p Tai Chi Beyond Basics 5:00-8:00p Karaoke Night Wednesday - April 17	Thursday - April 11 6:00-6:45a Fast Fitness w/Beth 7:00-8:004 Zumba Chair 8:00-8:45a Walking Workout 9:00-11:00a Dance Aerobics 9:00-11:00a Dance Aerobics 9:00-11:00a Dance Aerobics 10:00-1:000 Circuit/Equipment Training 12:30-4:00p Mexican Train 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Trad! Exer. with Don 2:30-6:00p Make & Take with April 6:00-7:00p Senior Tabata	Friday - April 12 6:00-6:45a - Fast Fitness w/ Beth 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba Gold 10:00-11:00a Self Care with Ellie 10:15-11:15a Traditional Exercise 10:30-11:45a DeLeon Music 12:00-4:00p Bridge 12:00-1:008 1:00-2:00p Circuit/Equip Training 12:30-4:00p Hand&Foot 1:00-3:00p Basic Acrylic Landscape 3:00-5:00p Basic Acrylic Landscape 3:00-5:00p Basic Acrylic Landscape 3:00-5:00p Basic Acrylic Landscape 5:00-6:00p Meditation w/Kirk 5:00-7:00p Beg.Couples Western Dance 7:30-10:00p Western Dance 1:00-3:00p Seg.Couples Western Dance 1:00-3:00p Keg.Couples Western Dance 1:00-3:00p Keg.Couples Western Dance 1:00-3:00p Western Dance
Monday - April 15 6:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Bentle Stretch Exercise 9:00-10:00a Book Club 9:10:008.10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00n Mexican Train 10:00a-12:00n Maxican Train 10:00a-12:00n Watercolor w/Deborah 10:01a-11:15a Traditional Exercise 11:00a-1:00p Benuco 12:00-1:008 1:00-2:00p Circuit/Equip Training 1:00-3:00p Begi. Western Line Dance 1:00-3:00p Begi. Western Line Dance 1:00-3:00p Begi. Western Line Dance 1:00-3:00p Begi. Western Line Dance 1:00-3:00p Begi. Mestern Line Dance 1:00-3:00p Regi. Mester Line Marker Line 2:00-3:00p Navigating Grief w/Kellv 3:00-5:00p Peginning Line Dance 3:15-4:15p Meditation w/Kirk 5:30-7:30g Garden Painting	7:00-8:00a Zumba Chair 8:30-11:30a Pinochle 10:00-11:00a Peer Support w/Kellv 10:00-11:00a Bingo 12:30-4:00p Hand&Foot 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Trad ¹ Exer. with Don 2:00-4:00p Decoupace Art w/Maxine	Wednesday - April 17 6:00-6:45 Fast Fitness w/Beth 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Toro-in Crafters/Art - all types 9:00-12:00n Drop-in Crafters/Art - all types 10:00a-12:00 Morning Ceramics with Vickie 10:03a-12:000 Morning Ceramics with Vickie 10:30-11:45a Top Dollar Music 12:00-4:000 Bridge 1:00-4:30p Bridge 1:00-4:30p Beginning Hand & Foot 4:00-5:00p Tai Chi Beyond Basics 5:00-8:00p Karaoke Night	Thursday - April 18 6:00-6:45a Fast Fitness w/Beth 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:00-12:00p JOLLY TIMES 9:30-11:30a Memoir Writing Class 10:00-1:00p Advanced Watercolor 12:00-1:00p Circuit/Equipment Training 12:00-1:00p Decircuit/Equipment Training 12:00-3:00p Mexican Train 1:30-2:30p Mixed Media Art with Kirk 2:30-3:30p Yoga with Don 3:00-6:00p Make & Take with April 6:00-7:00p Senior Tabata	Friday - April 19 6:00-6:45a - Fast Fitness w/ Beth 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Self Care with Ellie 10:00-11:00a Self Care with Ellie 10:30-11:45a DeLeon Music 12:00-4:00p Bridge 12:00-4:00p Bridge 12:00-1:00& 1:00-2:00p Circuit/Equip Training 12:30-4:00p Hand&Foot 1:00-3:00p Decorative Cards 3:00-5:00p Besic Acrylic Landscape 3:00-5:00p Basic Acrylic Landscape 3:00-5:00p Beginning Line Dance 5:00-6:00p Meditation w/Kirk 5:00-7:00p Beg.Couples Western Dance 7:00-7:30p Free Line Dance Lesson 7:30-10:00p Western Dance
Monday - April 22	Tuesday - April 23	Wednesday - April 24	Thursday - April 25	Friday - April 26
8:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Book Club 9-10:00a 10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00n Mexican Train 10:00a-12:00n Watercolor w/Deborah 10:15-11:15a Traditional Exercise 11:00a-1:00p Bunco 12:00-1:008 4:00-2:00p Circuit/Equip Training 1:00-3:00p Beg. Western Line Dance 1:00-3:00p Beg. Western Line Dance 1:00-3:00p Beg. Western Line Dance 1:00-3:00p Beg. Western Line Mark 2:00-3:00p Beginning Drawing w/Deborah 1:15-3:15 2:500 Card Game/Hand&Foot 3:00-5:00p Pre-Beginning Line Dance 3:15-4:15p Mediation w/Krk 5:30-7:30p Garden Painting	6:00-6:45a Fast Fitness w/Beth 7:00-8:00a Zumba Chair 8:00am-10:00am Newsletter Folding 8:30-11:30a Pinochle 10:00-11:00a Bingo 10:00-11:00a Bingo 12:30-4:00p Interm/Adv. Hand&Foot 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Trad'l Exer. with Don 2:00-4:00p Decoupage Art w/Maxine 2:30-3:30p Poga with Don 2:30-3:30p Beginning Karate with Kirk 6:00-7:00p Senior Tabata 6:30-8:00p Clovis Chorale	6:00-6:45a Fast Fitness w/Beth 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba Gold 9:00-12:00n Drop-in Crafters/Art - all types 10:00a 1:2:00p Morning Ceramics with Vickie 10:15a 11:15a Traditional Exercise 10:30 11:45a Top Dollar Music 12:00-4:00p Bridge 1:00-4:00p Bridge 1:00-4:00p Beginning Hand & Foot 4:00-5:00p Tai Chi Beyond Basics 5:00-8:00p Karaoke Night	6:00-6:45a Fast Fitness w/Beth 7:00-8:00a Zumba Chair 8:00-8:45a Walking Workout 9:00-10:00a Dance Aerobics 9:30-11:30a Memoir Writing Class 10:00-11:00a Dance Aerobics 10:00a-1:00p Advanced Watercolor 12:00-1:00p Circuit/Equipment Training 12:00-1:00p Circuit/Equipment Training 12:00-3:00p Mexican Train 1:30-2:30p Trad! Exer. with Don 1:30-2:30p Trad! Exer. with Don 1:30-2:30p Mixed Media Art with Kirk 2:30-3:30p Yoga with Don 3:00-6:00p Make & Take with April 6:00-7:00p Senior Tabata	6:00-6:45a - Fast Fitness w/ Beth 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba Gold 10:00-11:00a Zumba Gold 10:00-11:00a Self Care with Ellie 10:15-11:15a Traditional Exercise 10:30-11:45a DeLeon Music 12:00-1:009 Bridge 12:00-1:008 1:00-2:00p Circuit/Equip Training 12:03-0:00p Interm/Adv. Hand&Foot 1:00-3:00p Beg, Western Line Dance 1:00-3:00p Beg, Western Line Dance 5:00-6:00p Meditation w/Kirk 5:00-7:00p Pre-Beginning Line Dance 7:00-7:30p Free Line Dance 7:00-7:30p Free Line Dance 7:00-7:30p Free Line Dance
Monday - April 29 &:00-8:45a Walking Workout (at Rec. Center) 8:30-9:30a Tai Chi Beginning Basics 9:00-10:00a Beok Club 9:10:008.10-11:00a Dance Aerobics (RecCtr) 9:00a-12:00n Mexican Train 10:00a-12:00n Watercolor w/Deborah 10:15-11:15 a Traditional Exercise 11:00a-1:00p Bunco 12:00-1:00p Beginverse 1:00-3:00p Beginverse 1:00-3:00	7:00-8:00a Zumba Chair 8:30-11:30a Pinochle 10:00-11:00a Peer Support w/Kelly 10:00-11:00a Bingo 12:30-4:00b Hand&Foot 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Tradi Exer. with Don 2:00-4:00p Decoupace Art w/Maxine	April	Earth Day April 22	Celebrate Arbor Day