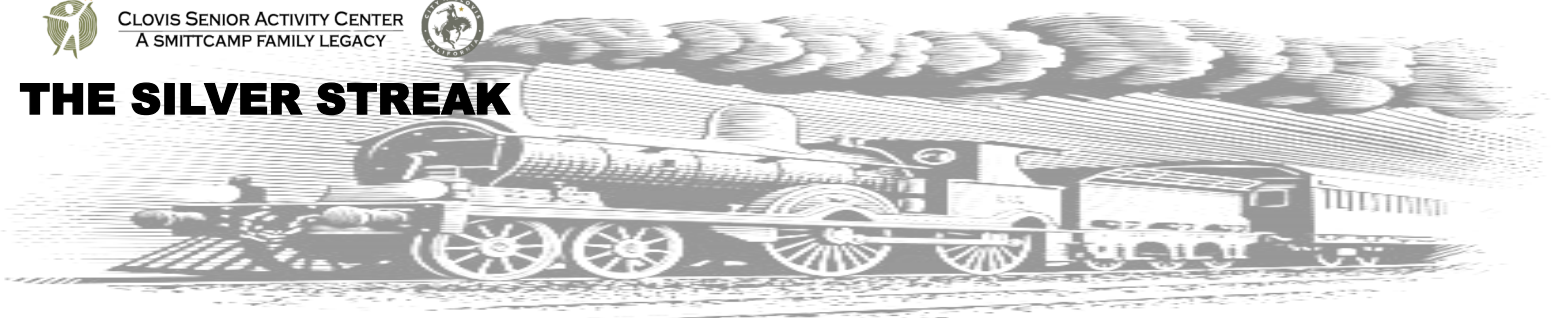




THE SILVER STREAK



Our Mission: *The mission of the Clovis Senior Activity Center is to provide seniors with activities and services to help them maintain a fulfilling and active life.* December 2023

735 Third Street, Clovis, CA 93612

(559) 324-2750

www.clovisseniors.org

IMPORTANT INFORMATION



HOLIDAY MESSAGE



As the calendar flips to December and we begin this season of celebration that's filled with so many activities, delicious treats, and time spent with loved ones, we'd like to extend heartfelt thanks and appreciation to you. The Clovis Senior Activity Center is a special place for so many in our community, and every one who comes through the doors contributes to the collective experience. We are better because of all of you.

We finally made our historic move to our new building on 735 Third Street that is located one block north on Third Street and Veterans Parkway. While things may look and feel different as we settle into our new home, one thing will never change—we will be here to provide the programs, classes, and events our community expects and deserves.

Happy holidays from the entire
Clovis Senior Activity Center staff!

HOLIDAY CLOSURES

We will be closed for the holidays as follows:

Christmas Day— Monday, December 25

New Years Day—Monday, January 1

Be safe and enjoy the holidays!



What's Inside:



- General Information 1**
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**Like us on Facebook for updates
and information.**

**Find the newsletter on the
City of Clovis website:**

www.clovisseniors.org

Hours of Operation

Monday thru Friday

8:00am-5:00pm

(Exception: National Holidays)

INFORMATION CORNER

- ◆ **Food Giveaway:** Tuesday, Wednesday and Thursday for Clovis residents, 9am-noon, Salvation Army, 210 Barstow, Clovis. Call 298-6797 for additional information.
- ◆ **Senior Support Group:** Tuesday 10:00am - 11:00am Senior Activity Center Library—No cost to attend.

SPORTS & FITNESS

All fitness classes are at the Clovis Senior Activity Center unless noted on the class listing

Yoga

This all levels “gentle” Yoga class uses bodily postures and breathing to stretch and align the body promoting circulation, balance, and flexibility.

Don Kolz Instructor

Tuesday 2:30pm-3:30pm \$2.00 per class at the Clovis Recreation Center, 3495 Clovis Ave., Clovis, CA
Thursday 9:00am-10:00am \$2.00 per class

Traditional Exercise

The workout combines aerobic, flexibility, and resistance with plenty of friendly fun.

Don Kolz Instructor \$2.00 per class

Monday, Wednesday, Thursday & Friday 10:15-11:15am
Tuesday 1:30-2:30pm at the Clovis Recreation Center, 3495 Clovis Ave., Clovis, CA.

Gentle Stretch & Strengthen Exercise

This class is designed to gently stretch your muscles to increase your flexibility and movement with low impact moves that can be done sitting, standing, or on the floor.

Don Kolz Instructor \$2.00 per class

Monday, Wednesday & Friday 9:00am-10:00am

Tai Chi with Bill Titus

This class will cover the basic concepts of Tai Chi: posture, relaxed deep breathing, flowing movement, and a basic understanding of mind-body connection. Class is designed to improve body awareness and balance. *****NO CLASSES**

DECEMBER 20 & 27, 2023***

Wednesday 4:00pm-5:00pm \$2.00 per class

Ping Pong

Start flexing your wrists in preparation for this fun yet challenging game of table tennis. We've got the table, now we need the players. Standard playing rules apply and will be posted. Players keep their own score. Come join us for drop-in sessions of ping pong from 9:00am-11:00am on the following dates: December 7, 14, & 28, 2023. *No Charge*

Walking Workout with Shay

This 40 minute, low impact class makes getting your steps in FUN while improving your overall health. Walking Workouts are customizable to your personal ability and great for any age and fitness level. This class is held at the Clovis Recreation Center, 3495 Clovis Ave., Clovis, CA.

*Tuesdays, Thursdays & Saturdays 9:00am-9:45am
\$2.00 per class*

Dance Aerobics with Shay

Moving to familiar music, you'll combine cardio, balance, and muscle toning through easy to follow aerobic movements. All fitness levels welcome! This class is held at the Clovis Recreation Center, 3495 Clovis Ave., Clovis, CA.

*Tuesdays, Thursdays & Saturdays 10:00am-11:00am
\$2.00 per class*

Zumba Gold with Stephanie

This class is designed to build cardiovascular health by challenging the heart and working the muscles of the lower body with fun dance moves. This class is held at the Clovis Recreation Center, 3495 Clovis Ave., Clovis, CA.

Wednesdays & Fridays 9:00-10:00am \$2.00 per class

Fast Fitness with Beth

This class is designed to increase flexibility, balance, coordination, muscular strength, and cardiovascular endurance. The workout combines some weight lifting and resistance with plenty of friendly fun. All fitness levels welcome! This class is held at the Clovis Recreation Center, 3495 Clovis Ave., Clovis, CA.

*Monday through Friday 6:00am-6:45am
\$50.00 a month*

SENIOR GAMES

****All games will start no earlier than the designated time. Set up time is no earlier than 15 minutes prior to game time.****

Mexican Train

Enjoy this game played with domino tiles. The object of the game is to rid your hand of as many dominoes as possible and be the first to do so.

Thursday-12:00pm-3:30pm No Charge

Bunco

Bunco is a social dice game played at the Senior Activity Center. 100% luck, no skill!

*Monday - 11:00am-1:00pm \$5.00 per person
Register on myactivecenter.com to secure your spot today!*

Bingo

Tuesday is the day for Bingo! We play from 10:00am to 11:00am. Bingo is free and prizes are given to the winners. Come and “B1” of the many players having fun! *No Charge*

Pinochle

This is a card game for two or more players using a 48-card deck consisting of two of each card from nine to ace, the object being to score points for various combinations and to win tricks. No registration required.

Tuesday—8:30am—11:30am No Charge

Friday Afternoon Bridge

The Bridge Group meets every Friday from 12:00pm-3:30pm. Players with intermediate or better skills are welcome to join the group for some good bridge playing! There is a \$1.00 per person per session fee.

Tuesday Free Play Bridge

Come on Tuesday and play for casual fun. This session of Bridge is open to all levels of experience from beginners and up.

Tuesday—12:00pm—3:30pm No charge

Billiards

Open play is available Monday through Friday 8:00am to 5:00pm. Check the board for tournament date and time.

\$10.00 Monthly Pool Fee

Beginning Hand N Foot

New to Hand N Foot? Who wants to learn this fun and exciting game! There will be participants willing to teach others how to play the game. Come and try it out. No registration required.

Mondays— 3:00-5:00pm No Charge

Wednesdays— 1:00-4:30pm No Charge

Intermediate/Advanced Hand N Foot

This strategic game, full of daring entertainment, is similar to Canasta, but much more exciting. We ask that all players know the basics of the game to participate. Come and try it out. No registration required.

Tuesday & Friday – 12:00pm—3:30pm No Charge

2500 Card Game

This exciting and interesting card game is also known as 2500 Rummy. Come and play with friends and have a lot of fun!

Monday—1:15pm-3:15pm No Charge

DANCE & MUSIC

Pre-Beginning Line Dancing

This class will be broken into group dances so that everyone will learn together in a comfortable atmosphere. The instructor will introduce many dance styles such as Country Western, Tango, Cha-Cha, and more. This class is perfect for first-time dancers who want to learn in a small, safe and supported environment that will improve your coordination and fitness while dancing with new friends.

Mondays and Fridays, 3:00pm-5:00pm \$4.00 per class

Beginning Line Dance

This class will introduce many of the basic moves necessary for Line Dancing. Several dance styles are covered in this class including Country Western, Tango, Cha-Cha, and more. All dance classes below are taught by instructor Jim Ray.

Monday, Tuesday, Thursday & Friday—1:00pm-3:00pm \$4.00 per class

Friday—7:00pm-7:30pm; Free Line Dance Lesson

Intermediate Line Dance

Intermediate Line Dance is the same as Beginning except at a higher level. Students taking this course should already know the basic steps for line dancing.

Tuesday & Thursday 3:00pm-5:00pm \$4.00 per class

Couples Western Dance

Couples will be introduced to a series of patterns and Western style dances.

Beginner Class – Thursday 6:00pm-8:00pm \$4.00 per person per class

Intermediate Class – Monday 7:00pm-9:00pm \$4.00 per person per class

SENIOR CENTER DANCES

Western:	Friday	12/1	7:30pm
Western:	Friday	12/8	7:30pm
Western:	Friday	12/15	7:30pm
Western:	Friday	12/22	7:30pm
Western:	Friday	12/29	7:30pm

Each dance is \$5.00 per person and open to anyone who wants to dance and have fun!



VOCAL LESSONS WITH SKYLA

This group vocal program is available to all experience levels. This program will feature fun, easy exercises and songs that you'll be singing with friends. Spaces are limited. **Pre-registration is mandatory** either on myactivecenter.com or by registering with staff in the office. Payment will be collected at the time of registration.

Next session: Wednesday, December 6, 13, 20 & 27, 2023

3 time options: 12:00-1:00pm; 1:00-2:00pm; or 2:00-3:00pm

[5 students max] \$5.00 per session/time slot

Alternate session: Thursday, December 7, 14, 21 & 28, 2023

3 time options: 12:00-1:00pm; 1:00-2:00pm; or 2:00-3:00pm

[5 students max] \$5.00 per session/time slot

KARAOKE NIGHT WITH SKYLA

Grab a mic and sing your favorite songs on Karaoke Night, the best way to enjoy music with friends! All ages and experience levels are invited. For those interested in attending, register on myactivecenter.com or simply show up on Wednesdays from 6:00p.m.-8:00p.m.

Cost: \$4.00 per session/per person

Dates: December 6th and 13th only.

LIVE ENTERTAINMENT

TOP DOLLAR BAND MUSIC

Come to hear the Top Dollar Band play on Wednesdays, December 6, 13, 20 & 27, 2023, from 10:00am-11:15am. Everyone enjoys their music so come by to see and hear for yourself!

DE LEON BROTHERS BAND MUSIC

Enjoy the sounds of the De Leon Brothers' great music on Fridays, December 1, 8, 15, 22 & 29, 2023, from 10:00am-11:15am. Dance or sing along to the brothers and friends' music. It's always a good morning with these guys!

NEWSLETTER FOLDING DAYS

Every month we rely on our volunteers to come to the Senior Activity Center and help out by folding our newsletters. Newsletter folding is always on a Tuesday morning starting at 8:00am. Below are the dates that we will be folding the newsletters. Come join us.

Upcoming folding dates: December 19, 2023; January 23, February 20, and March 19, 2024.

ARTS & CRAFTS

CRAFT, STITCHERY AND CROCHET SOCIAL GROUP

This is a drop-in knitting, crocheting, embroidery, cross-stitching and quilting social group. There is no instructor; other participants will help you with your project.

Wednesdays from 9:00am-11:30am

No Charge

BASIC, EASY, FUN ACRYLIC LANDSCAPE PAINTING WITH KRISTINA

This class welcomes artists of all levels from beginner to experienced. Class does not include canvases. You may bring your own or buy them from the Senior Activity Center. Canvases are \$5.00 each for either a 12x12 or 16x20 size and can be purchased at the front counter. This class is on Fridays from 3:00pm to 5:00pm.

Next Session: January 5 through 26, 2024

Cost: \$20.00 for 4-week session

NO CLASSES IN DECEMBER

DECORATIVE CARD/PAPER CRAFTING WITH KRISTINA

Prepare to explore the creative and fun art of card making and paper crafting. Pre-cut and measured cards make it easy for you to learn the techniques for layered and themed cards. Each is beautiful and one of a kind.

This is a drop-in class on Fridays from 1:00pm to 3:00pm. The cost is \$5.00 per class, per person.

NO CLASSES IN DECEMBER

January classes are on the 5th, 12th, 19th & 26th.

SELF CARE WITH ELLIE

Come and join Ellie for a 4-week class to explore the topic of self-care and ways to do that. This class will explore the topic of Aromatherapy and the natural benefits that it has. You will learn what essential oils are, how they can be used to relieve pain, reduce migraines/headaches, and how to help reduce stress. Ellie will also teach you the history and medicinal uses essential oils have.

Next Session: Fridays, December 8 through December 29, 2023

Time: 10:00am-11:00am

Cost: \$30.00



BEGINNING DRAWING CLASS WITH DEBORAH

Learn how to visually represent the world through basic lines, shapes, and shadow techniques. This class will start with simple objects and move into more complex subjects. Beginners will gain confidence in their skills and learn to develop their own unique style and approach to drawing. Sign up at www.myactivecenter.com to register for our new class sessions.

Current Session: Mondays, October 16 - December 4, 2023

Time: 1:00-3:00pm

Cost: \$25.00 for 5-week session

Next Session: January 8 through March 11, 2024

Cost: \$40.00 for 8-week session

BEGINNERS TO INTERMEDIATE WATERCOLOR WITH DEBORAH

This 5-week class will work from beginning to end of your paintings, learning new techniques and skills along the way. You are welcome to bring your own favorite brushes or art supplies. Spaces are limited.

Current Session: Mondays, October 16–December 4, 2023

Time: 10:00am to noon Cost: \$25.00 for 5-week session

Next Session: January 8 through March 11, 2024

Time: 10:00-noon Cost: \$40.00 for 8-week session

ADVANCED WATERCOLOR WITH DEBORAH

This is an exciting opportunity to further explore and enhance your skills in the watercolor medium. Deborah will go beyond basics and teach more advanced techniques through hands-on exercises and personalized instruction. This 6-week class will delve into color mixing, composition, and brushwork, with an emphasis on individual creativity.

Current Session: Thursdays, October 12–December 7, 2023

Time: 10:00am–1:00pm Cost: \$30.00 for 6-week session

Next Session: January 11 through February 29, 2024

Time: 10:00am–1:00pm Cost: \$50.00 for 8-week session

DECOUPAGE ART WITH MAXINE

Learn how to make beautiful keepsakes in a fun and friendly environment. This class will make decorative plates, vases, decoupaged rocks and special gifts for holidays and birthdays. This will only be a 2-week class session on Tuesdays. Maxine will introduce her students to a new project each week. If you are interested in the class, please sign up at www.myactivecenter.com. Space is limited.

Current Session: Tuesdays, November 28, 2023 through December 19, 2023

Time: 2:00pm–4:00pm Cost: \$25.00

Next Session: February 6 through February 27, 2024

CERAMIC ARTS 101 WITH VICKIE

In this 6-week session students will learn about Greenware, Bisque, Glazing and more through your ceramic journey! Check out the class details at www.myactivecenter.com when you register for our upcoming classes. A list of supplies students will need to purchase for the first class is available at the Senior Center front counter. **This class is now a 3-hour class for \$55.00 per session.**

Current Session: Wednesdays, November 1 through December 20, 2023 (6-week session cost is \$55.00) Time: 1:00pm–4:00pm

There will also be a \$5.00 firing fee for each project fired. Purchase \$5.00 firing card at the front counter.

Next Session: January 10 through February 14, 2024

MAKE AND TAKE CRAFTS WITH APRIL

April will instruct how to make two fun and seasonal craft projects. These classes are always popular so sign up on myactivecenter.com right away. This class session will take place on Thursdays for 4 weeks.

Current Session: Thursdays, November 2 & 9 and December 7 & 14, 2023

Time: 3:00pm–6:00pm Cost: \$30.00 for a 4-week session

Next Session: January 4 through January 25, 2024

MAGICAL INKS WITH MAXINE

This fun 4-week class teaches basic ink color theory, the tools and techniques for color blending while discovering the magic of painting with the medium, alcohol ink. Projects will be created on ceramic tiles, special non-porous paper and glass. Inks may be dripped from the bottle, a felt applicator, blown, poured or painted with a brush. Sign up at www.myactivecenter.com to register for our new class sessions.

Next session: Tuesdays, January 9 through January 30, 2024

Time: 2:00pm–4:00pm Cost: \$25.00

CRAFTY CRAFTS WITH NELLA

Have some fun making craft items with beads and other great materials. You will learn how to make necklaces, bracelets, earrings, craft projects, and more while enjoying the company of others who like crafting. This is a 4-week session on Wednesdays. Sign up at www.myactivecenter.com. Space is limited.

Next Session: Wednesdays, January 3 through January 24, 2024

Time: 3:00pm–5:00pm Cost: \$25.00

SOCIAL KNITTING / CROCHET GROUP

Already have a project or want to learn how to crochet or knit? We are offering drop-in sessions that will take place on Mondays and Fridays from 10:15am–12:15pm. Bring your own supplies. There is no charge, just show up! No instructor, but this is a friendly group that are happy to share their skills and lively conversation.

BOOK CLUB



The December session of Book Club will feature the book “Mr. Dickens and his Carol” by Samantha Silva. This book starts December 4, 2023. Book Club meets on Monday mornings from 9:00am–10:00am and Kelly is your moderator. Book Club will discuss a different book each month. Cost is \$6.00 per person for the 3-class sessions in December. Sign up on myactivecenter.com and join in with others for a lively discussion. The featured book for January will be “The Hours” by Michael Cunningham.

IMPACT OF NATIVE AMERICAN HISTORICAL TRAUMA ON AMERICAN INDIANS

Join Laura as she guides you through the true history of Natives from impact to today and how it has affected families and individuals in their everyday lives as well as how they are seeking to find healing going forward. This is a class of truth and reality, and much needed to find healing and support going forward, documentaries will be shared.

New Session: Tuesdays, January 9–January 30, 2024

Time: 9:00-11:00am

Cost: \$25.00

NATIVE AMERICAN MEDICINE WHEEL CRAFTING

Laura will share with you the meaning of the Medicine Wheel, how it has been used by our Native American Community and all Indigenous communities throughout the world for 1000's of years, and how you can craft one for your own personal use, your family's use, or as a gift.

New Session: Tuesdays, January 9–January 30, 2024

Time: 11:30am-1:30pm

Cost: \$30.00

NAVIGATING GRIEF

This is a drop-in session that offers people a chance to come together to discuss their emotions and experiences while dealing with grief. Be heard and understood by others that are also dealing with the same grief. Help one another on different coping mechanisms that can help others. This group is led by Kelly Orender.

Next session: Mondays, December 4–December 18, 2023

Time: 2:00pm-3:00pm

No fee

GRIEF SUPPORT GROUP

*****NOW ON WEDNESDAYS IN 2024*****

This Grief Support Group is facilitated by retired social worker Regina Contreras, MSW, who worked for 22 years for a local home health and hospice agency. The support group will meet on Wednesdays for 8 weeks. Pre-registration is required as the group will be limited to 12 participants per 8-week session. If you are interested, please register on myactive-center.com or stop by the Clovis Senior Activity Center front counter to reserve your spot. **The cost is \$10.00 for 8-week session.**

Next session: Wednesday, January 17–March 6, 2024

Time: 10:00am-11:30am for January 17th only; 10:00am-11:00am for January 24 through March 6, 2024.

The Clovis Senior Activity Center is not an adult day care and participants must be able to take care of their personal needs. However, family members, caregivers, and attendants are welcome to join in order to enjoy our services and programs.

PEER SUPPORT GROUP

This group is led by Kelly Orender and is for anyone who wishes to attend a group session to discuss your feelings and learn coping strategies to help you with everyday life experiences. Tuesdays at 10:00-11:00am - *No fee*

What Is a Me Board?

Come join Fresno State Students Jordan, Nick, Tony, and Giselle to create "Me Boards"! This fun activity will allow you to make boards about yourself. This class will give you a chance to decorate your board with anything that describes you and what you like. You will be able to share your boards with everyone so everyone can learn a little bit about each other! This class is a great way to make new friends and have a chance to socialize with others as you share a little something about yourself. If you are interested to attend this class we ask that you please call the Clovis Senior Activity Center to be placed on the list. Spaces are limited.

Date: Monday, December 4th, 2023

Time: 4:00-5:30pm

No Fee

THEATER DATES

GOLDEN CHAIN THEATRE: . A Christmas Carol, November 17-December 17, 2023. Call 559-683-7112.

ROGER ROCKA'S GOOD COMPANY PLAYERS: A Christmas Story, November 9, 2023-January 7, 2024. Call 559-266-9494.

SAROYAN THEATRE: World Ballet The Nutcracker, December 1-2, 2023; Central California Ballet The Nutcracker, December 9-10, 2023. Call 559-445-8100.

ROGER ROCKA'S SECOND SPACE: A Christmas Carol, November 3-December 23, 2023. Call 559-266-9494.

TOWER THEATER: Tommy Emmanuel C.G.P. with Jerry Douglas, December 10, 2023; An Irish Christmas, December 13, 2023; A Peter White Christmas, December 17, 2023; Dave Koz & Friends Christmas Tour, December 22, 2023. Call 559-485-9050.

SAVE MART CENTER: Mana, December 1, 2023; John Pardi, December 8, 2023. Call 559-278-3400.

*****NEW DAY/TIME FOR DROP-IN ART*****

Effective January 1, 2024, "Drop In" art is moving from Fridays to Wednesdays at 10:00am to noon. Bring your projects and work independently on them. *No charge*

FREE SMARTPHONE TRAINING

Having difficulty seeing or hearing on your smartphone? California Connect will be here to teach you how to make your smartphone work better for you. Learn how make your smartphone louder and easier to hear; send or receive text messages; connect Bluetooth devices; operate the basic functions of your smartphone; and much more! The first hour trainings cover the smartphone basics and accessibility features in the second hour. Sign up with MaiKou at the front counter or by calling her at the Clovis Senior Activity Center at 559-324-2750 or Mai-kouY@ci.clovis.ca.us. Space is limited and prior registration is mandatory. Spaces limited. Please arrive 10 minutes early.

For iPhone training: January 9, 2024 9:00-11:00am

For Android training: January 16, 2024 9:00-11:00am

TECHNOLOGY HELP

Do you need help with your iPad, Laptop or Smart Phone? Starting August 16 through December 15, 2023, we will have an FSU student, Jacob, that will be at the Clovis Senior Activity Center assisting participants with technology issues. Please call 324-2750 for an appointment. Jacob will be here on Wednesdays and Fridays from 11:00am to noon for 20-minute appointments. Spaces are limited, so book your appointment now.

In addition, we have another student, Callista, that will be here assisting participants with technology issues. She will be here for 30-minute appointments on Tuesday mornings from 8:30am to 10:30am on the following dates: December 12, 2023; January 9 & 23, 2024; and February 6 & 13, 2024. Check availability at the front counter. Spaces are limited.

MEMOIR WRITING CLASS

NEW CLASS DAY STARTING 2024

Explore your past and develop a written account of your special memories. Classes in December are on Wednesdays from 9:30am-11:30am. The cost of the class is \$2.00 per class and signups are online at myactivecenter.com. This class is structured by facilitator C. Jeanie Miller. Effective January 1, 2024, the Memoir Writing class moves to Thursdays from 9:30am-11:30am. The first January class will be on the 4th.

BLOOD PRESSURE CHECKS

An RN will be at the Clovis Senior Activity Center on Tuesdays from 9:00am-10:00am in the lobby to provide free blood pressure checks. Stop by to monitor your blood pressure and stay on track to keeping healthy.

NOTARY SERVICES

Notary Services are available at the Senior Activity Center Monday through Friday during regular business hours. Nella Audas is our notary. Any senior (50 or older) may make an appointment to come in and have their documents notarized. There is a \$10.00 charge. Call 324-2757 for appointments.

MEDICARE 101

Come join us at the 2023 Medicare 101 class. We will be meeting from 3:00pm-4:00pm on December 5, 2023. Listen to the presentation and ask questions. We hope to see you there!



FRESNO BONSAI SOCIETY

The Fresno Bonsai Society expands the knowledge and skills of Bonsai while offering opportunities for appreciation of this art form to the broader community. Everyone is welcome. Bonsai meetings are on Saturdays from 8:00am-noon at the Clovis Senior Activity Center on the following dates:

December 2, 2023: 8:00-Noon

February 10, 2024: 8:00-5:00pm

April 13, 2024: 8:00-5:00pm



Clovis Chorale's 2nd Annual
Family & Friends Holiday Concert

YOU'RE INVITED

No tickets needed, just simply show up!

Come enjoy a live performance and a special holiday
banquet with loved ones.

Light refreshments and pastries will be served

December 9th, 2:00pm-4:00pm

at the Clovis Senior Activity Center
735 3rd St., Clovis, CA 93612

Rules for acceptance and participation in the program are the same for everyone without regard to race, color, national origin, sex or disability.

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Standard
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Clovis Senior Activity Center

735 Third Street

Clovis, CA 93612

(559) 324-2750

Hours: 8 am—5 pm

Monday—Friday



ADDRESS SERVICE REQUESTED



JOLLY TIMES

Jolly Times will be held on Thursday, December 21, 2023. Coffee and donuts are served at 8:45am with the DeLeon Brothers & Friends playing at 8:45am. Lunch menu is Classic Turkey Dinner with all the fixings. The entertainment for December’s Jolly Times will be John Pemberton and the cost of the meal is \$15.00. If you would like to join us for the entertainment only (no lunch), tickets are available for \$5.00. January Jolly Times tickets will go on sale December 21, 2023, at 8:00am. Due to the Christmas Program, lunch will be served around 12:45pm. The Program will last until around 2:00pm. Plan for a fun day with friends and Santa!



SCAM & FRAUD PREVENTION

Come join Cal Sierra Insurance Services as they partner up with our local police or sheriff’s department as they offer an educational presentation on Scams and Frauds. You will learn about common scams and fraud (including healthcare scams and Medicare fraud) that affect seniors. If you are interested in attending, please call the Clovis Senior Activity Center at 559-324-2750 to secure your spot.

Date: Wednesday, December 6, 2023

Time: 1:00pm-2:30pm.

VETERANS BINGO

Mark your calendar for Tuesday, December 19, 2023 for Veterans Bingo. This event is sponsored by Jolly Times and starts at 10:00am. Come out and honor our Veterans and have fun playing bingo.

Tear Here

Recreational Topics Survey

We are asking our members to let us know which Recreational Topics you would be interested in learning about. Below is a list of some ideas of topics we want to offer you. These are classes we would set up for you to attend here at the Clovis Senior Activity Center. Please make a check mark next to any subjects you would be interested in attending. There is a blank space for any additional suggestions or specific items.

- Art
- Games
- Nutrition
- Other: _____
- Cooking
- Gardening
- Sports
- Dancing
- Music
- Technology