

Calendar of Activities - December 2023

				<p align="center">Friday - December 1</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba (RecCenter) 10:00-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10:15a-12:15p Knitting / Crochet Group 11:00a-12:00n Technology Help 12:00-3:30p Bridge / Hand&Foot 1:00-3:00p Beg. Western Line Dance 2:00-4:00p Holiday Centerpiece Workshop 3:00-4:30p Pre-Beginning Line Dance 7:00-7:30p Free Line Dance Lesson 7:30-10:00p Western Dance</p>
<p align="center">Monday - December 4</p> <p>9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Book Club 10:00a-12:00n Watercolor w/Deborah 10:15-11:15a Traditional Exercise 10:15a-12:15p Knitting / Crochet Group 11:00a-1:00p Bunco 1:00-3:00p Beg. Western Line Dance 1:00-3:00p Beginning Drawing w/Deborah 1:15-3:15p 2500 Card Game 2:00-3:00p Navigating Grief w/Kelly 3:00-5:00p Beginning Hand&Foot 3:00-5:00p Pre-Beginning Line Dance 7:00-9:00p Inter. Couples Western Dance</p>	<p align="center">Tuesday - December 5</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 8:30-11:30a Pinochle 9:00-9:45a Walking Workout (RecCenter) 10:00-11:00a Dance Aerobics (RecCenter) 10:00-11:00a Peer Support w/Kelly 10:00-11:00a Bingo 12:00-3:30p Bridge / Hand&Foot 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Trad'l Exer. with Don (RecCenter) 2:00-4:00p Decoupage w/Maxine 2:30-3:30p Yoga with Don (RecCenter) 3:00-5:00p Inter. Western Line Dance</p>	<p align="center">Wednesday - December 6</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba (RecCenter) 9:00-11:30a Drop-in Crafters 9:30-11:30a Memoir Writing Class 10:00-11:15a Top Dollar Music 10:15-11:15a Traditional Exercise 11:00a-12:00n Technology Help 12:00-3:00p Vocal Lessons with Skyla 1:00-4:00p Ceramics with Vickie 1:00-4:30p Beginning Hand & Foot 4:00-5:00p Tai Chi with Bill 6:00-8:00p Karaoke Night</p>	<p align="center">Thursday - December 7</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-9:45a Walking Workout (RecCenter) 9:00-10:00a Yoga with Don 9:00-11:00a Drop-in Ping Pong 10:00-11:00a Dance Aerobics (RecCenter) 10:00a-12:00n Advanced Watercolor 10:15-11:15a Trad'l Exer. with Don 12:00-3:00p Vocal Lessons with Skyla 12:00-3:30p Mexican Train 1:00-3:00p Beg. Western Line Dance 3:00-5:00p Inter. Western Line Dance 3:00-6:00p Make & Take with April 6:00-8:00p Beg. Couples Western Dance</p>	<p align="center">Friday - December 8</p> <p>9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba (RecCenter) 10:00-11:00a Self Care with Ellie 10:00-11:15a DeLeon Music 10:00a-12:00n Drop-in Art - all types 10:15-11:15a Traditional Exercise 10:15a-12:15p Knitting / Crochet Group 11:00a-12:00n Technology Help 12:00-3:30p Bridge / Hand&Foot 1:00-3:00p Beg. Western Line Dance 3:00-5:00p Pre-Beginning Line Dance 7:00-7:30p Free Line Dance Lesson 7:30-10:00p Western Dance</p>
<p align="center">Monday - December 11</p> <p>6:7-7:00a Fast Fitness w/Beth (RecCenter) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Book Club 10:15-11:15a Traditional Exercise 10:15a-12:15p Knitting / Crochet Group 11:00a-1:00p Bunco 1:00-3:00p Beg. Western Line Dance 1:15-3:15p 2500 Card Game 2:00-3:00p Navigating Grief w/Kelly 3:00-5:00p Beginning Hand&Foot 3:00-5:00p Pre-Beginning Line Dance 7:00-9:00p Inter. Couples Western Dance</p>	<p align="center">Tuesday - December 12</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 8:30-11:30a Pinochle 9:00-9:45a Walking Workout (RecCenter) 8:30-10:30a Technology Help with Calista 10:00-11:00a Dance Aerobics (RecCenter) 10:00-11:00a Peer Support w/Kelly 10:00-11:00a Bingo 12:00-3:30p Bridge / Hand&Foot 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Trad'l Exer. with Don (RecCenter) 2:00-4:00p Decoupage w/Maxine 2:30-3:30p Yoga with Don (RecCenter) 3:00-5:00p Inter. Western Line Dance</p>	<p align="center">Wednesday - December 13</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba (RecCenter) 9:00-11:30a Drop-in Crafters 9:30-11:30a Memoir Writing Class 10:00-11:15a Top Dollar Music 10:15-11:15a Traditional Exercise 11:00a-12:00n Technology Help 12:00-3:00p Vocal Lessons with Skyla 1:00-4:00p Ceramics with Vickie 1:00-4:30p Beginning Hand & Foot 4:00-5:00p Tai Chi with Bill 6:00-8:00p Karaoke Night</p>	<p align="center">Thursday - December 14</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-9:45a Walking Workout (RecCenter) 9:00-10:00a Yoga with Don 9:00-11:00a Drop-in Ping Pong 10:00-11:00a Dance Aerobics (RecCenter) 10:15-11:15a Trad'l Exer. with Don 12:00-3:00p Vocal Lessons with Skyla 12:00-3:30p Mexican Train 1:00-3:00p Beg. Western Line Dance 3:00-5:00p Inter. Western Line Dance 3:00-6:00p Make & Take with April 6:00-8:00p Beg. Couples Western Dance</p>	<p align="center">Friday - December 15</p> <p>9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba (RecCenter) 10:00-11:00a Self Care with Ellie 10:00-11:15a DeLeon Music 10:00a-12:00n Drop-in Art - all types 10:15-11:15a Traditional Exercise 10:15a-12:15p Knitting / Crochet Group 11:00a-12:00n Technology Help 12:00-3:30p Bridge / Hand&Foot 1:00-3:00p Beg. Western Line Dance 3:00-5:00p Pre-Beginning Line Dance 7:00-7:30p Free Line Dance Lesson 7:30-10:00p Western Dance</p>
<p align="center">Monday - December 18</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Book Club 10:15-11:15a Traditional Exercise 10:15a-12:15p Knitting / Crochet Group 11:00a-1:00p Bunco 1:00-3:00p Beg. Western Line Dance 1:15-3:15p 2500 Card Game 2:00-3:00p Navigating Grief w/Kelly 3:00-5:00p Beginning Hand&Foot 3:00-5:00p Pre-Beginning Line Dance 7:00-9:00p Inter. Couples Western Dance</p>	<p align="center">Tuesday - December 19</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 8:30-11:30a Pinochle 9:00-9:45a Walking Workout (RecCenter) 10:00-11:00a Dance Aerobics (RecCenter) 10:00-11:00a Peer Support w/Kelly 10:00-11:00a VETERANS BINGO 12:00-3:30p Bridge / Hand&Foot 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Trad'l Exer. with Don (RecCenter) 2:00-4:00p Decoupage w/Maxine 2:30-3:30p Yoga with Don (RecCenter) 3:00-5:00p Inter. Western Line Dance</p>	<p align="center">Wednesday - December 20</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba (RecCenter) 9:00-11:30a Drop-in Crafters 9:30-11:30a Memoir Writing Class 10:00-11:15a Top Dollar Music 10:15-11:15a Traditional Exercise 12:00-3:00p Vocal Lessons with Skyla 1:00-4:00p Ceramics with Vickie 1:00-4:30p Beginning Hand & Foot 6:00-8:00p Karaoke Night</p>	<p align="center">Thursday - December 21</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-9:45a Walking Workout (RecCenter) 9:00-10:00a Yoga with Don 9:00-12:00n JOLLY TIMES 10:00-11:00a Dance Aerobics (RecCenter) 10:15-11:15a Trad'l Exer. with Don 12:00-3:00p Vocal Lessons with Skyla 12:00-3:30p Mexican Train 1:00-3:00p Beg. Western Line Dance 3:00-5:00p Inter. Western Line Dance 6:00-8:00p Beg. Couples Western Dance</p>	<p align="center">Friday - December 22</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba (RecCenter) 10:00-11:00a Self Care with Ellie 10:00-11:15a DeLeon Music 10:00a-12:00n Drop-in Art - all types 10:15-11:15a Traditional Exercise 10:15a-12:15p Knitting / Crochet Group 12:00-3:30p Bridge / Hand&Foot 1:00-3:00p Beg. Western Line Dance 3:00-5:00p Pre-Beginning Line Dance 7:00-7:30p Free Line Dance Lesson 7:30-10:00p Western Dance</p>
<p align="center">Monday - December 25</p> <p align="center">CHRISTMAS HOLIDAY CENTER CLOSED</p> 	<p align="center">Tuesday - December 26</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 8:30-11:30a Pinochle 9:00-9:45a Walking Workout (RecCenter) 10:00-11:00a Dance Aerobics (RecCenter) 10:00-11:00a Peer Support w/Kelly 10:00-11:00a Bingo 12:00-3:30p Bridge / Hand&Foot 1:00-3:00p Beg. Western Line Dance 1:30-2:30p Trad'l Exer. with Don (RecCenter) 2:30-3:30p Yoga with Don (RecCenter) 3:00-5:00p Inter. Western Line Dance</p>	<p align="center">Wednesday - December 27</p> <p>6:7:00a Fast Fitness w/Beth (RecCenter) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba (RecCenter) 9:00-11:30a Drop-in Crafters 9:30-11:30a Memoir Writing Class 10:00-11:15a Top Dollar Music 10:15-11:15a Traditional Exercise 12:00-3:00p Vocal Lessons with Skyla 1:00-4:30p Beginning Hand & Foot 6:00-8:00p Karaoke Night</p>	<p align="center">Thursday - December 28</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-9:45a Walking Workout (RecCenter) 9:00-10:00a Yoga with Don 9:00-11:00a Drop-in Ping Pong 10:00-11:00a Dance Aerobics (RecCenter) 10:15-11:15a Trad'l Exer. with Don 12:00-3:00p Vocal Lessons with Skyla 12:00-3:30p Mexican Train 1:00-3:00p Beg. Western Line Dance 3:00-5:00p Inter. Western Line Dance 6:00-8:00p Beg. Couples Western Dance</p>	<p align="center">Friday - December 29</p> <p>6:00-7:00a Fast Fitness w/Beth (RecCenter) 9:00-10:00a Gentle Stretch Exercise 9:00-10:00a Zumba (RecCenter) 10:00-11:00a Self Care with Ellie 10:00-11:15a DeLeon Music 10:00a-12:00n Drop-in Art - all types 10:15-11:15a Traditional Exercise 10:15a-12:15p Knitting / Crochet Group 12:00-3:30p Bridge / Hand&Foot 1:00-3:00p Beg. Western Line Dance 3:00-5:00p Pre-Beginning Line Dance 7:00-7:30p Free Line Dance Lesson 7:30-10:00p Western Dance</p>