

Calendar of Activities -JUNE 2022

Monday	Tuesday	Wednesday - June 1	Thursday - June 2	Friday - June 3
				6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 10-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 12:30-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - June 6	Tuesday - June 7	Wednesday - June 8	Thursday - June 9	Friday - June 10
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-1p Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! (Rec Center) 12-3:30p Bridge/Hand&Foot 12-4:30p Music Lessons by appointment 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 9:30-11:00a Memoirs Class 10:15-11:15a Traditional Exercise 9a-4p Music Lessons by appointment 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 9:00-10am Acrylic Painting 10-11:15 Top Dollar Music 12:30-3:30p Mexican Train 1-5p Line Dance 3-4p Yoga with John 9:00-10:00a Yoga with Don 10:15-11:15a Trad'l Ex with Don	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 10-11:15a NACHO SALAD DANCE 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 12:30-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - June 13	Tuesday - June 14	Wednesday - June 15	Thursday - June 16	Friday - June 17
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-1p Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 9:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! (Rec Center) 12-3:30p Bridge/Hand&Foot 12-4:30p Music Lessons by appointment 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 9:30-11:00a Memoirs Class 10:15-11:15a Traditional Exercise 9a-4p Music Lessons by appointment 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 9:00-10am Acrylic Painting 9-12n JOLLY TIMES 12:30-3:30p Mexican Train 10:15-11:15a Trad'l Ex with Don 9:00-10:00a Yoga with Don 1-5p Line Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 10-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 12:30-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - June 20	Tuesday - June 21	Wednesday - June 22	Thursday - June 23	Friday - June 24
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-1p Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 9:00-10:00am Decorative Card Crafting 8-9am NEWSLETTER FOLDING 10-11a Peer Support Group 10-11a VETERANS BINGO 10-11a Zumba! (Rec Center) 12-3:30p Bridge/Hand&Foot 12-4:30p Music Lessons by appointment 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 9:30-11:00a Memoirs Class 10:15-11:15a Traditional Exercise 9a-4p Music Lessons by appointment 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 9:00-10am Acrylic Painting 9:00-10:00a Yoga with Don 10:15-11:15a Trad'l Ex with Don 12:30-3:30p Mexican Train 1-5p Line Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 9:30am-11:00a Hair Cuts by appointment 9-10a Strengthen Exercise 10-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 12:30-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - June 27	Tuesday - June 28	Wednesday - June 29	Thursday - June 30	
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise- CANCELLED 11a-1p Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise-CANCELLED 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 9:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! (Rec Center) 12-3:30p Bridge/Hand&Foot 12-4:30p Music Lessons by appointment 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 9:30-11:00a Memoirs Class 10:15-11:15a Traditional Exercise 9a-4p Music Lessons by appointment 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 9:00-10am Acrylic Painting 10-11:15 Top Dollar Music 9:00-10:00a Yoga with Don 10:15-11:15a Trad'l Ex with Don 12:30-3:30p Mexican Train 1-5p Line Dance 3-4p Yoga with John	