

Calendar of Activities -MAY 2022

Monday - May 2	Tuesday - May 3	Wednesday - May 4	Thursday - May 5	Friday - May 6
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-1p Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! (Rec Center) 12-3:30p Bridge/Hand&Foot 12-4:30p Music Lessons by appointment 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 9:30-11:00a Memoirs Class 10:15-11:15a Traditional Exercise 9a-4p Music Lessons by appointment 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting 10-11:15 Top Dollar Music 10-11a Zumba! with Mary (Rec Center) 12:30-3:30p Mexican Train 1-5p Line Dance 3-4p Yoga with John 9:00-10:00a Yoga with Don 10:15-11:15a Trad'l Ex with Don	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 10-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 12:30-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - May 9	Tuesday - May 10	Wednesday - May 11	Thursday - May 12	Friday - May 13
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-1p Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! (Rec Center) 12-3:30p Bridge/Hand&Foot 12-4:30p Music Lessons by appointment 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 9:30-11:00a Memoirs Class 10:15-11:15a Traditional Exercise 9a-4p Music Lessons by appointment 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting 10-11a Zumba! with Mary (Rec Center) 12:30-3:30p Mexican Train 1-5p Line Dance 3-4p Yoga with John 9:00-10:00a Yoga with Don 10:15-11:15a Trad'l Ex with Don 8:00-12:00N RUMMAGE SALE	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 10-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 12:30-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - May 16	Tuesday - May 17	Wednesday - May 18	Thursday - May 19	Friday - May 20
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-1p Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! (Rec Center) 12-3:30p Bridge/Hand&Foot 12-4:30p Music Lessons by appointment 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 9:30-11:00a Memoirs Class 10:15-11:15a Traditional Exercise 9a-4p Music Lessons by appointment 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting 9-12n JOLLY TIMES 10-11a Zumba! with Mary (Rec Center) 12:30-3:30p Mexican Train 10:15-11:15a Trad'l Ex with Don 9:00-10:00a Yoga with Don 1-5p Line Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 10-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 12:30-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - May 23	Tuesday - May 24	Wednesday - May 25	Thursday - May 26	Friday - May 27
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-1p Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! (Rec Center) 12-3:30p Bridge/Hand&Foot 12-4:30p Music Lessons by appointment 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 9:30-11:00a Memoirs Class 10:15-11:15a Traditional Exercise 9a-4p Music Lessons by appointment 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting 10-11:15a Top Dollar Music 10-11a Zumba! with Mary (Rec Center) 9:00-10:00a Yoga with Don 10:15-11:15a Trad'l Ex with Don 12:30-3:30p Mexican Train 1-5p Line Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting 9-10a Strengthen Exercise 10-11:15a DeLeon Music 11:15am Hawaiian Slider Lunch 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 12:30-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - May 30	Tuesday - May 31	Wednesday	Thursday	Friday
MEMORIAL DAY HOLIDAY OFFICE CLOSED	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! (Rec Center) 12-3:30p Bridge/Hand&Foot 12-4:30p Music Lessons by appointment 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)			