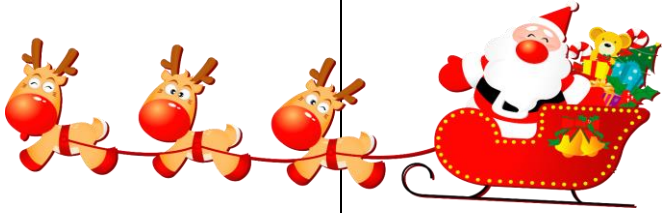



**Calendar of Activities -DECEMBER 2021**

		Wednesday - December 1	Thursday - December 2	Friday - December 3
		6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 10:15-11:15a Traditional Exercise 1:00-4:00p Drop In Art 1:00-2:00 Team Sideline Training 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting 10-11:15 Top Dollar Music 10-11a Zumba! with Mary (Rec Center) 12:30-3:30p Mexican Train 1-5p Line Dance 3-4p Yoga with John 10:15-11:15a Trad'l Ex with Don 9:00-10:00a Yoga with Don	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Drop in Art 9-10a Strengthen Exercise 10-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 1:00-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - December 6	Tuesday - December 7	Wednesday - December 8	Thursday - December 9	Friday - December 10
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-12n Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! with Mary (Rec Center) 12-3:30p Bridge/Hand&Foot 1-4p Drop in Art 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 10:15-11:15a Traditional Exercise 1:00-4:00p Drop In Art 1:00-2:00 Team Sideline Training 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting 10-11:15 Top Dollar Music 10-11a Zumba! with Mary (Rec Center) 12:30-3:30p Mexican Train 1-5p Line Dance 3-4p Yoga with John 10:15-11:15a Trad'l Ex with Don 9:00-10:00a Yoga with Don	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Floral Craft Project 9-10a Strengthen Exercise 10-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 1:00-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - December 13	Tuesday - December 14	Wednesday - December 15	Thursday - December 16	Friday - December 17
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-12n Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club 12:30-3:30p Mah-Jong 1-5p Line Dance / 7-9p Couples Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! with Mary (Rec Center) 12-3:30p Bridge/Hand&Foot 1-4p Drop in Art 1-5p Line Dance 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr)	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 10:15-11:15a Traditional Exercise 1:00-4:00p Drop In Art 4-5p Tai Chi with Bill	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting <b>9:00-12n Jolly Times</b> 10-11a Zumba! with Mary (Rec Center) 12:30-3:30p Mexican Train 10:15-11:15a Trad'l Ex with Don 9:00-10:00a Yoga with Don 1-5p Line Dance 3-4p Yoga with John	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 10-11:15a DeLeon Music 10:15-11:15a Traditional Exercise 10-12p Crochet / Knitting Group 12:00-3:30p Bridge 1:00-3:30p Hand & Foot 1-5p Line Dance / 5-7p Ballroom Dance 7:30-10p Western Dance
Monday - December 20	Tuesday - December 21	Wednesday - December 22	Thursday - December 23	Friday - December 24
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-12n Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club SENIOR CENTER CLOSSES AT 1PM	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! with Mary (Rec Center) 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr) SENIOR CENTER CLOSSES AT 1PM	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 10:15-11:15a Traditional Exercise SENIOR CENTER CLOSSES AT 1PM	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting 10-11:15 Top Dollar Music 10-11a Zumba! with Mary (Rec Center) 10:15-11:15a Trad'l Ex with Don 9:00-10:00a Yoga with Don SENIOR CENTER CLOSSES AT 1PM	<b>OFFICE IS CLOSED</b> 
Monday - December 27	Tuesday - December 28	Wednesday - December 29	Thursday - December 30	Friday - December 31
6-7a Fast Fitness w/Beth (Rec Center) 8-11:30a Drop In Art 9-10a Strengthen Exercise 11a-12n Bunco 10-12p Crochet / Knitting Group 10:15-11:15a Traditional Exercise 9a-10a Book Club SENIOR CENTER CLOSSES AT 1PM	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10:00am Decorative Card Crafting 10-11a Peer Support Group 10-11a Bingo 10-11a Zumba! with Mary (Rec Center) 1:30-2:30 Trad'l Ex with Don (Rec Ctr) 2:30-3:30 Yoga with Don (Rec Ctr) SENIOR CENTER CLOSSES AT 1PM	6-7a Fast Fitness w/Beth (Rec Center) 9-10a Strengthen Exercise 9-11:30a Crafters 10:15-11:15a Traditional Exercise 1:30-2:30 Trad'l Ex with Don 2:30-3:30 Yoga with Don (Rec Ctr) SENIOR CENTER CLOSSES AT 1PM	6-7a Fast Fitness w/Beth (Rec Center) 8:00-10am Acrylic Painting 10:00-12noon 10-11a Zumba! with Mary (Rec Center) 10:15-11:15a Trad'l Ex with Don 9:00-10:00a Yoga with Don SENIOR CENTER CLOSSES AT 1PM	<b>OFFICE IS CLOSED</b> 